

SACRED HEART HIGH SCHOOL

Ms. R. Sterzuk
Principal

Mrs. M. Moen
Vice Principal



CHRIST THE TEACHER CATHOLIC SCHOOL #212

INTRODUCTION

Sacred Heart High School is a semester high school using a daily schedule of five academic periods. The first semester begins in late August and is completed after Christmas break. The second semester begins in late January and ends in late June. This booklet provides information for students and parents to use while determining program and course selection for the upcoming academic year. Program decisions should be made with the collaboration of students, parents and a school counselor or administrator. Registration procedures should be completed by the end of April to ensure the availability of selected courses. All courses listed are offered for student selection at the time of printing. Whether a course will be taught during the academic year will depend upon student demand and availability of staff.

CATHOLIC DISTINCTIVENESS

As a Catholic community of learners, the students and staff of Sacred Heart High School make every effort to promote academic excellence in an atmosphere in which the Gospel values of Jesus Christ are lived and taught. Our wonderfully diverse community teaches us to value each individual present and allows us to express and celebrate our faith in creative and meaningful ways.

Liturgies ~ Celebrating our uniqueness is vital to the spiritual wellbeing of our school community. With the help of our school chaplain, community leaders and parish priests, students and teachers gather to give praise and thanks to our God through liturgies, prayer services and the Eucharist.

Retreats ~ As we journey to become people who are close to their God, to their community and solid in their integrity we need to reflect on our successes as well as our struggles. We seek to make changes in our lives and as Catholic Christians, we take time away to ponder our lives in relationship to our Creator, to one another and ourselves. Students participate in a guided retreat at each grade level that corresponds to the content studied in their Christian Ethics classes.

Christian Ethics Courses/Christian Service ~ Christian Service is a required component of the compulsory Christian Ethics courses in grades 9 through 12. Christian service gives students the opportunity to develop self-confidence and establish new friendships while learning the value of free, loving service to others in their community.

Youth Leadership ~ Students in grades 10 through 12 are invited to consider a position within the Youth Retreat Team. This group of highly motivated and spiritual individuals helps to create and facilitate the grade 9 retreats and school liturgies. It is an opportunity for students to experience a pastoral leadership role as they share their faith with their fellow students. The leadership team is called to be a sign of Christ's love in our school through presence and prayer.

INCLUDED INFORMATION

PROGRAMS FOR GRADES 9-12

COURSE DESCRIPTIONS

PROGRAM PLANNING GUIDE

EXTRA CURRICULAR PROGRAMS



SACRED HEART HIGH SCHOOL

PRINCIPAL'S MESSAGE



Sacred Heart High School is a faith filled community that is guided by the teachings of Jesus Christ. We believe in modeling these teachings for one another. We are committed to a Catholic education and relationships that foster emotional, spiritual, intellectual, and physical well-being. Our commitment to Social Justice is exemplified in our partnerships with St. Francis School in Kenya, our Candle of Hope, and Christmas Shoebox campaigns. As a community we are challenged to create an atmosphere that is grounded on “Faith, Knowledge, and Unity”.

Ms. R. Sterzuk Principal

MISSION STATEMENT

The mission of the Christ the Teacher Catholic School Division is to provide strong, relevant, purposeful, and distinctively Catholic education which ensures each of our students achieves his or her God-given potential.



Christ the Teacher Catholic Schools
Centered in faith
Creators of hope
Founded in love.

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When a child gives
you a gift, even if it is
a rock they just
picked up, exude
gratitude. It might
be the only thing they
have to give, and they
have chosen to give it
to you.

Dean Jackson -
LifeintheNow.com

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IT DOESN'T MATTER
WHAT TYPE OF PERSON
YOU ARE, OR WHAT YOU
ARE INTERESTED IN,
THERE IS SOMETHING
AT SACRED HEART
FOR YOU!

SACRED HEART HIGH SCHOOL

PROGRAMS FOR GRADES 9-12

Students must register in one of the following: English Program, French Immersion Program or Additional Education Programs.

A. ENGLISH PROGRAM

Regular Program

The Regular Program fulfills the requirements of study as outlined by the Saskatchewan Ministry of Learning.

Advanced Placement Program

Calculus 30 AP & English Language Arts A30AP & B30AP

Prerequisites: Administrative Permission & Teacher Referral

Upon the recommendation of the Math and / or English Department, students in the Pre-Advanced Placement Program have the option of pursuing Advanced Placement. The Advanced Placement (AP) Program is a challenging academic program which allows motivated high school students to undertake university-level academic work and possibly earn a university credit. Students are required to do considerable reading and assignments to demonstrate analytical skills and writing abilities expected of first year university students.

Pre-Advanced Placement

Classes are designed for students in grades 10-11 whose academic achievement and rate of learning is above average. Courses are offered to enhance the academic program. Students who enroll in pre-advanced placement classes will have the opportunity to pursue Advanced Placement classes in Grade 12.

Modified Program

Modified courses are designed to meet the needs of students who are challenged academically in regular courses due to content or the pace of instruction. Regular courses are modified in content, processes and evaluative procedures. These courses are identified using a "1" eg. Math11. Courses for students are selected after consultation with students, parents, elementary/high school teachers, high school counsellors and administrators.

B. FRENCH IMMERSION PROGRAM

This program is designed as a continuation of the French Immersion Program offered at St. Michael's Elementary School. The program provides an opportunity for students to continue their studies in French and to graduate with a French Bilingual Diploma. To graduate with a Bilingual Diploma, students must complete twelve courses at the Grade 10, 11 and 12 level where the language of instruction is French.



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C. ADDITIONAL EDUCATION PROGRAMS

These programs are designed for students with special needs who are unable to fulfill the requirements for regular or modified credits in the mainstream program. The Additional Education Programs consists of:

Alternative Education Program - Alternative Education level courses are designed to meet the special needs of students who require curricula that are significantly different from those available in the modified level of the English Program. These courses are identified using an "8" eg. Math18.

GRADES 10, 11 AND 12 PROGRAM OVERVIEW

Course Offerings

Whether a course will be taught during the upcoming academic year will depend upon student demand and availability of staff.

Admission to Restricted-Entry Courses

Certain courses are offered for students with specific needs as alternatives to regular courses. Some of these courses deal with material at a less rigorous level (modified courses), while others involve study at an advanced level (Pre-Advanced Placement). Admission to these courses is based on the recommendations of teachers who taught the student at an earlier level and consultation with parents and students.

Grade 10 Standing

To achieve Grade 10 standing, a student must earn a minimum of eight credits including the required courses.

Grade 11 Standing

To achieve Grade 11 standing, a total of sixteen credits are required, five of which must be Level 20 credits or their equivalents.

Grade 12 Standing

In order to graduate with a Grade 12 diploma, a total of twenty-four credits are required. Of these 24 credits:

- ⇒ five credits must be Level 30 credits,
- ⇒ at least two Arts Education/Practical and Applied Arts credits are required at the 10, 20 or 30 level. Christian Ethics courses may be used at the 10, 20 or 30 level to fill this requirement,
- ⇒ at least seven elective courses are required at the 20 or 30 level. At Sacred Heart High School, Christian Ethics 30 *is a required course* and will fulfill provincial requirements as a level 30 elective.



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SACRED HEART HIGH SCHOOL - *English Program*

CREDIT REQUIREMENTS FOR GRADES 10, 11 AND 12

GRADE 10 (LEVEL 10) REQUIRED COURSES

Christian Ethics 10
CHOOSE ONE:
English Language Arts A10
Modified English Language Arts A11
CHOOSE ONE:
English Language Arts B10
English Language Arts B11
CHOOSE ONE:
History 10
Native Studies 10
CHOOSE ONE:
Science10
Modified Science 11
CHOOSE AT LEAST ONE:
Workplace & Apprenticeship Math 10
Foundations of Math & Pre Calculus 10
Modified Mathematics 11
Foundations of Mathematics 20
Wellness10 (Boys/Girls)

GRADE 11 (LEVEL 20) REQUIRED COURSES

Christian Ethics 20
CHOOSE ONE:
English Language Arts A20
Modified English Language Arts 21
CHOOSE AT LEAST ONE:
Workplace & Apprenticeship Math 20
Pre-Calculus Math 20
Foundations of Mathematics 20
Modified Mathematics 21
CHOOSE AT LEAST ONE:
Computer Science 20
Environmental Science 20
Health Science 20
Physical Science 20
Modified Science 21
Biology 30
Physics 30
CHOOSE AT LEAST ONE:
History 20
Law 30
Native Studies 20
Psychology 30

GRADE 12 (LEVEL 30) REQUIRED COURSES

Christian Ethics 30
CHOOSE ONE:
English Language Arts A30
Modified English Language Arts A31
CHOOSE ONE:
English Language Arts B30
Modified English Language Arts B31
CHOOSE ONE:
History Canadian Studies A30
Modified History Canadian Studies 31

6 ELECTIVES MUST BE AT THE 20 OR 30 LEVEL FOR GRADE 12 STANDING

LEVEL 10 ELECTIVES

Accounting 10
Animation 10L
Band 10
Career & Work Experience 10
Choral 10
Commercial Cooking 10
Communications Media 10
Construction & Carpentry 10
Cosmetology 10
Design Studies 10
Drafting & Computer-Aided Design 10
Drama 10
French 10 (Core)
High Performance 10
Jazz Band 10
Music 10 (Rock Band)
PAA Survey 10
Visual Art 10
Welding 10

LEVEL 20 ELECTIVES

Accounting 20
Animation 20
Band 20
Career & Work Explorations 20
Choral 20
Commercial Cooking 20
Communications Media 20
Construction & Carpentry 20
Cosmetology 20
Creative Writing 20
Design Studies 20
Drafting & Computer-Aided Design 20
Drama 20
French 20 (Core)
High Performance 20
Information Processing 20
Jazz Band 20
Music 20 (Rock Band)
PAA Survey 20
Physical Education 20
Visual Art 20
Welding 20

LEVEL 30 ELECTIVES

Animation 30
Band 30
Calculus 30
Pre-Calculus 30
Career & Work Explorations A30
Career & Work Explorations B30
Chemistry 30
Earth Science 30
Choral 30
Commercial Cooking 30
Communications Media 30
Computer Science 30
Construction & Carpentry 30
Cosmetology 30
Design Studies 30
Drafting & Computer-Aided Design 30
Drama 30
Entrepreneurship 30
Foundations of Mathematics
French 30 (Core)
High Performance 30
Information Processing 30
Jazz Band 30
Music 30 (Rock Band)
PAA Survey 30
Physical Education 30
Visual Art 30
Welding A30
Welding B30
Workplace & Apprenticeship Math 30

**GRADE 10 STANDING
MINIMUM 8 CREDITS**

**GRADE 11 STANDING
MINIMUM 16 CREDITS**

**GRADE 12 STANDING
MINIMUM 24 CREDITS**

SACRED HEART HIGH SCHOOL - *French Immersion Program*

CREDIT REQUIREMENTS FOR GRADES 10, 11 AND 12

GRADE 10 (LEVEL 10) REQUIRED COURSES

Éducation chrétienne 10
Français Immersion 10
Technologies de l'information 10
English Language Arts A10
Modified English Language Arts A11
CHOOSE ONE:
English Language Arts B10
Modified English Language Arts B11
CHOOSE ONE:
Histoire 10 Native Studies 10
CHOOSE ONE:
Science 10 Modified Science 11
CHOOSE AT LEAST ONE:
Workplace & Apprenticeship Math 10
Foundations of Mathematics & Pre-Calculus 10
Modified Mathematics 11
Foundations of Mathematics 20
CHOOSE ONE:
Wellness 10 Boys or Girls)

GRADE 11 (LEVEL 20) REQUIRED COURSES

Éducation chrétienne 20
Français Immersion 20
Français Immersion integer A20
CHOOSE ONE:
English Language Arts 20
Modified English Language Arts 21
CHOOSE AT LEAST ONE:
Workplace & Apprenticeship Math 20
Pre-Calculus Math 20
Foundations of Mathematics 20
Modified Mathematics 21
CHOOSE AT LEAST ONE:
Computer Science 20 Biology 30
Environmental Science 20 Physics 30
Physical Science 20 Health Science 20
Modified Science 21
CHOOSE AT LEAST ONE:
Histoire 20
Native Studies 21

GRADE 12 (LEVEL 30) REQUIRED COURSES

Éducation chrétienne 30
Français Immersion 30
Français Immersion integer B20
English Language Arts A30
Modified English Language Arts A31
CHOOSE ONE:
English Language Arts B30
Modified English Language Arts A31
CHOOSE ONE:
Sciences sociales immersion 30
Modified History Canadian Studies 31

6 ELECTIVES MUST BE AT THE 20 OR 30 LEVEL FOR GRADE 12 STANDING

LEVEL 10 ELECTIVES

Accounting 10
Animation 10
Band 10
Career & Work Experience 10
Choral 10
Commercial Cooking 10
Communications Media 10
Construction & Carpentry 10
Cosmetology 10
Design Studies 10
Drafting & Computer-Aided Design 10
Drama 10
French 10 (Core)
High Performance 10
Jazz Band 10
Music 10 (Rock Band)
PAAS 10
Visual Art 10
Welding 10

LEVEL 20 ELECTIVES

Accounting 20
Animation 20
Band 20
Career & Work Explorations 20
Choral 20
Commercial Cooking 20
Communications Media 20
Construction & Carpentry 20
Cosmetology 20
Creative Writing 20
Design Studies 20
Drafting & Computer-Aided Design 20
Drama 20
High Performance 20
Information Processing 20
Jazz Band 20
Music 20 (Rock Band)
PAA Survey 20
Physical Education 20 (Boys/Girls)
Visual Art 20
Welding 20

LEVEL 30 ELECTIVES

Animation 30 (Special Credit)
Band 30
Calculus 30
Pre-Calculus 30
Career & Work Explorations A30
Career & Work Explorations B30
Chemistry 30
Earth Science
Choral 30
Commercial Cooking 30
Communications Media 30
Computer Science 30
Construction & Carpentry 30
Cosmetology 30
Drafting & Computer-Aided Design 30
Drama 30
Entrepreneurship 30
Foundations of Mathematics 30
High Performance 30
Information Processing 30
Jazz Band 30
Music 30 (Rock Band)
PAA Survey 30
Physical Education 30 (Boys/Girls)
Visual Art 30
Welding A30
Welding B30
Workplace & Apprenticeship Math 30

**GRADE 10 STANDING
MINIMUM 8 CREDITS**

**GRADE 11 STANDING
MINIMUM 26 CREDITS**

**GRADE 12 STANDING
MINIMUM 24 CREDITS**

NOTE: Some French Immersion credits are offered in alternating years. Not all courses listed at grade level are offered in each school year. The listing of compulsory credits required for a Bilingual Diploma will be offered over the course of a student's high school years, but not necessarily in the order listed.

SACRED HEART HIGH SCHOOL

GRADES 10, 11 AND 12 COURSE DESCRIPTIONS

A. ARTS EDUCATION

BAND 10

This class attempts to solidify techniques learned in Band 9. The class focuses on tone development, intonation, dynamics, blend, rhythm reading and repertoire development. Band students are expected to play in all concerts and in-town festival performances. Students may have the opportunity to participate in a band trip or various workshops.



DRAMA 10

Students in this course are introduced to character study and the elements of putting a play together. Through monologues, scene work, one act plays and improvisation, students are launched into the world of theatre.



MUSIC 10 (Rock Band)

Students must audition for a role in the Sacred Heart Rock Band — **Channel 22**. Students accepted will develop individual and group techniques and routines in preparation for public performances. Students are expected to participate in some sessions and performances that take place outside of school hours.

VISUAL ART 10

Visual Art 10 consists of studies in studio art, history, art criticism and appreciation. The studio art making component consists of basic drawing, design, painting, sculpture and print making. The art historical component includes an overview of art through the ages. Students will explore past, present and cross cultural artistic traditions. They will develop personal expression and creative thinking. Students will also develop the skills of critiquing many forms of art work.

BAND 20

This class attempts to solidify techniques learned. The class focuses on tone development, intonation, dynamics, blend, rhythm reading and repertoire development. Band students are expected to play in all concerts and in-town festival performances. Students may have the opportunity to participate in a band trip or various workshops.

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DRAMA 20

This course builds on the principles of Drama 10. Scenes by contemporary authors as well as traditional monologues are studied. Through the development of advanced improvisation skills, students will cross the threshold into script writing and producing their own production.



MUSIC 20

Students must audition for a role in the Sacred Heart Rock Band — **Channel 22**. Students accepted will develop individual and group techniques and routines in preparation for public performances. Students are expected to participate in some sessions and performances that take place outside of school hours.

VISUAL ART 20

This course expands on knowledge and skills acquired in Visual Art 10. The studio component consists of development in drawing design, painting, sculpture and printmaking. The art historical component focuses on Saskatchewan artists and historical art periods. Students will continue to develop critical abilities, personal expression and creative thinking

BAND 30

This class attempts to solidify techniques learned. The class focuses on tone development, intonation, dynamics, blend, rhythm reading and repertoire development. Band students are expected to play in all concerts and in-town festival performances. Students may have the opportunity to participate in a band trip or various workshops

DRAMA 30

Continues with the student's creation and development of characters and script content. The students will focus on the creation of material through the use of dramatic activities and improvisation, with the ultimate goal of the reaction of scenes and one act plays. They will review the acting skills from Drama 10 and Drama 20 with the ultimate goal of a group collaboration. In Drama 30, the actors will participate in individual activities and group activities will challenge and explore their creativity and imagination.

MUSIC 30 (Rock Band)

Students must audition for a role in the Sacred Heart Rock Band — **Channel 22**. Students accepted will develop individual and group techniques and routines in preparation for public performances. Students are expected to participate in some sessions and performances that take place outside of school hours.



VISUAL ART 30

This course expands on the foundation and techniques learned in Visual Arts 10 and Visual Arts 20. It allows students to develop a greater knowledge in art mediums already introduced in the two previous courses and gives them the opportunity to pursue independent art projects of interest in term two of this course.

SACRED HEART HIGH SCHOOL

GRADES 10, 11 AND 12 COURSE DESCRIPTIONS

B. CHRISTIAN ETHICS

Students must have successfully completed a Christian Ethics course for each grade level of attendance at Sacred Heart to be eligible to participate in the Commencement Ceremonies at Sacred Heart.

CHRISTIAN ETHICS 10

The core theme of this course is Jesus of History, Christ of Faith. The objective is to have the students understand that their life story is interrelated with their communities' stories. The students will appreciate Scripture as the backdrop of the Christian community and study the Gospels to learn about the Christian understanding of Jesus. They will realize that the Christian message calls us to serve as Jesus did and by the end of the course, hopefully have cultivated a deeper personal relationship with Jesus. ***A service project with a required minimum of ten hours of personal time must be completed to fulfill course requirements.***

CHRISTIAN ETHICS 20

The Christian Ethics 20 course centers on a Community Called Church. The objective is to invite the students to understand the nature of the Christian community by studying the history of Christianity. They also take a close look at the morals and values of our faith, what it tells us about contemporary moral issues and ultimately learn how to make good decisions for themselves and their community. ***A service project with a required minimum of ten hours of personal time must be completed to fulfill course requirements.***

CHRISTIAN ETHICS 30

The Christian Ethics 30 focuses on Christian spirituality, vocations, sacraments, relationships and world religion. ***A service project with a required minimum of ten hours of personal time must be completed to fulfill course requirements.***

C. ENGLISH LANGUAGE ARTS

Students refine their language by using it in purposeful and meaningful situations involving a variety of oral and written contexts. Experience in all *language arts strands* - **speaking, listening, writing, reading, representing and viewing** - is essential for competence in using the English language. Students in the senior grades learn that language varies according to audience, purpose and situation; that language has a variety of logical and structural patterns and that language develops and changes over time. Students reflect upon, and respond to, a wide range of literary genres and on new knowledge of the interdependence of language acquisition, cognitive development and teaching strategies.

ENGLISH LANGUAGE ARTS A10 AND B10

Writing and speaking focus on developing narration, description, exposition and persuasion. Students work on producing multi-paragraph compositions. Reading and listening focus on responding personally, critically and creatively to literature. Students learn to analyze, evaluate and understand the world around them.

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ENGLISH LANGUAGE ARTS A20 *Prerequisites: ELA A10 and B10*

This course is organized around themes that are of interest to adolescents and that focus on self and what it means to be human in our steps from childhood to old age.

ENGLISH LANGUAGE ARTS A30 & B30 *Prerequisite: ELA 20*

These courses address issues as reflected in the traditional and contemporary literature of Canada and the world. The English Language Arts A30 course is designed around examining Canada; the experience of place, the national character, and our heritage. English Language Arts B30 is an issue-oriented course examining global perspectives using traditional and contemporary world literature in a comparative manner. ELA B30 looks at world perspectives through cultural heroes, the human condition, and the social experience.

CREATIVE WRITING 20 *Prerequisites: ELA A10 and B10*

This course is organized around themes that are of interest to adolescents and that focus on self and what it means to be human in our steps from childhood to old age.

PRE ADVANCED PLACEMENT ENGLISH COURSES

ENG. L.A. 10 APA & 10 APB *Prerequisite: Admin. Permission & Teacher Referral*

These courses are enriched versions of English Language Arts A10 and B10. These are more challenging programs of studies offering a wide variety of educational opportunities to motivated students. Students will hone and polish written, analytical and reading skills. Students pursuing Advanced Placement will be required to broaden their literature base with assigned out of class and summer reading.

ENGLISH LANGUAGE ARTS 20 AP *Prerequisite: Admin. Permission & Teacher Referral*

The grade 11 Pre-Advanced Placement course focuses on teaching students the oral, written, and critical skills necessary to analyze literature in a deeply thought provoking and traditional manner. The course will expose students to a wide variety of literature from the Classical Canon of English Literature and promote deep reading, discussion, and analysis of great literature and the grand themes of humanity.

D. FRENCH IMMERSION

EDUCATION CHRÉTIENNE 10

This course covers the same topics and material as the Christian Ethics 10 course. **A service project with a required minimum of ten hours of personal time must be completed to fulfill course requirements.** The language of instruction is French.

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FRANÇAIS IMMERSION 10 *Prerequisite: Enrolment in the Français Immersion Program*

Français Immersion 10 is a course which provides the student with the opportunity to develop the ability to use the French language as an instrument of personal and social communication. Students will improve their listening, reading, writing and oral skills through a study of French literature, grammar, media study and culture. The language of instruction is French.

HISTOIRE 10

This course generally covers the same topics and material as the History 10 course. The language of instruction is French.

EDUCATION CHRÉTIENNE 20 *Prerequisite: Education Chrétien 10*

This course covers the same topics and material as the Christian Ethics 20 course. **A service project with a required minimum of ten hours of personal time must be completed to fulfill course requirements.** The language of instruction is in French.

FRANÇAIS IMMERSION A20 *Prerequisite: Français Immersion 10*

Français Immersion 20 is a course which provides the student with the opportunity to develop the ability to use the French language as an instrument of personal and social communication. Students will improve their listening, reading, writing and oral skills through a study of French literature, grammar, media study and culture. The language of instruction is in French.

FRANÇAIS IMMERSION INTEGRE A20 *Prerequisite: Français Immersion 10*

FRANÇAIS IMMERSION INTEGRE B20 *Prerequisite: Français Immersion 10*

These courses improve students' oral and written communication in French through the study of Psychology, Sociology (Français integer A), Entrepreneurship, and Film (français integer B)

HISTOIRE 20 *Prerequisite: Histoire 10*

Français Immersion 20 is a course which provides the student with the opportunity to develop the ability to use the French language as an instrument of personal and social communication. Students will improve their listening, reading, writing and oral skills through a study of French literature, grammar, media study and culture. The language of instruction is in French.

EDUCATION CHRÉTIENNE 30 *Prerequisite: Education Chrétienne 20*

The Christian Ethics 30 focuses on Christian spirituality, vocations, sacraments, relationships and world religion. **A service project with a required minimum of ten hours of personal time must be completed to fulfill course requirements.** The language of instruction is in French.

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FRANCAIS IMMERSION 30 **Prerequisites: Français Immersion 20A**

Is a course which seeks to “help students create a vision of the world which will help them in their adult lives.” (Sask. Ed.)

HISTOIRE 30/SCIENCES SOCIALES 30 **Prerequisite: Histoire 20**

This course generally covers similar topics to History 30 course. The language of instruction is French

E. LANGUAGES

FRENCH 10 (Core) **Prerequisite: French 9 (Core)**

This is a conversational course with written reinforcement of language skills and grammatical structures. The student participates in a variety of projects and activities and learns about French culture in the Francophone world.

FRENCH 20 (Core) **Prerequisite: French 10 (Core)**

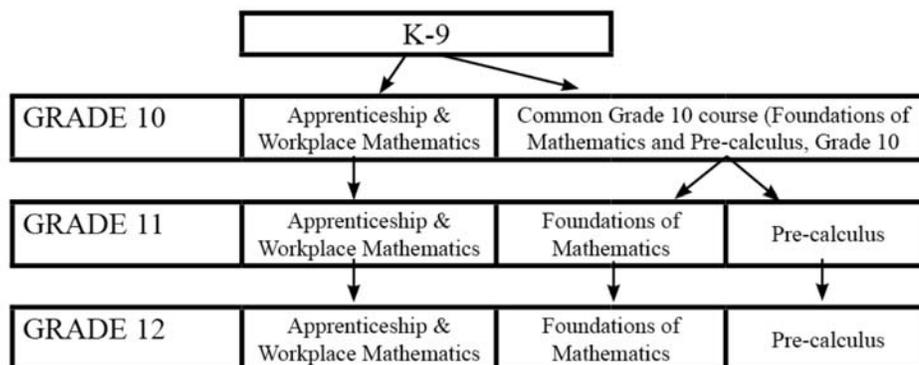
French 20 develops the ability to speak French with accurate pronunciation, and builds reading, writing and listening skills. The student participates in a variety of projects and activities and learns about French culture in the Francophone world.

FRENCH 30 (Core) **Prerequisite: French 20 (Core)**

French 30 continues the development of basic conversational, writing, reading and listening skills in French. By the end of this course, students should be able to function in a French vacation setting and will have a good base for further language studies.

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F. MATHEMATICS



WORKPLACE & APPRENTICESHIP 10

This pathway is designed to provide students with the mathematical understandings and critical-thinking skills identified for entry into the majority of trades and for direct entry into the work force. Topics include algebra, geometry, measurement, number, statistics and probability.

FOUNDATIONS OF MATHEMATICS & PRE-CALCULUS 10

This pathway is designed to provide students with the mathematical understandings and critical-thinking skills identified for post-secondary studies in programs that do not require the study of theoretical calculus. Topics include financial mathematics, geometry, measurement, number, logical reasoning, relations and functions, statistics and probability. This pathway is designed to provide students with the mathematical understandings and critical-thinking skills identified for entry into post-secondary programs that require the study of theoretical calculus. Topics include algebra and number, measurement, relations and functions, trigonometry, and permutations, combinations and binomial theorem.

PRE-CALCULUS 20 **Prerequisite: FMPC Math 10**

Course content in this pathway is chosen to meet the needs of students intending to pursue careers in math or science related areas. Content includes quadratic functions, operations on radicals, and geometric sequences.

WORKPLACE & APPRENTICESHIP 20 **Prerequisite: WA Math 10**

Course content in this pathway is chosen to meet the needs of students intending to pursue careers in the trades and general workplace. Students who enjoy hands on work would be well-suited on this pathway. Content includes personal

FOUNDATIONS OF MATH 20 **Prerequisite: FMPC Math 10**

Course content in this pathway is chosen to meet the needs of students intending to pursue careers in areas that typically require university, but are not math intensive, such as the humanities, fine arts, social sciences, and nursing. Content includes rate applications, scale, and quadratic functions.

WORKPLACE & APPRENTICESHIP 30 **Prerequisite: WA Math 20**

This course covers such topics as reasoning, measurement, sine and cosine law, properties of polygons, transformations, finances, linear relations, measures of central tendency, percentiles and probability.

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PRE-CALCULUS 30 Prerequisite: *PC Mathematics 20*

This course covers such topics as angle measurement, trigonometry, trig functions, trig equations, trig identities, compositions of fractions, radical & rational functions, permutations and combinations.

FOUNDATIONS OF MATH 30 Prerequisite: *PC Mathematics 20*

This course covers such topics such as finances, reasoning, set theory, odds and probability, combinatorics, functions, data collection and analysis.

CALCULUS 30 Prerequisite: *Mathematics C30*

This course covers such topics as functions, Limits and Continuity, Differentiation, Derivatives, Integration, and the Fundamentals Theorem of Calculus. It is **STRONGLY** recommended that a mark of 65% be obtained in all the 30 level math classes before proceeding to this course.

G. PHYSICAL EDUCATION

WELLNESS 10

Wellness 10 is a combination of physical education and health education. This class emphasizes the need for balance between mind, body and spirit. Its aim is the development of a wellness philosophy and the pursuit of wellness as a life-long behaviour pattern. Students will investigate five different strands: physical activity and fitness, stress and its management, leisure, relationships and healthy eating.

PHYSICAL EDUCATION 20

An elective personalized course, PE20 is a class designed to promote and encourage lifelong participation in physical activity and the development of a commitment to overall well being through physical fitness

There will be a fee for the course.

Some objectives of this course are:

- Continuing physical education as a discipline, with the introduction of the recreational aspect
- Increasing skill and knowledge in the fundamentals of selected activities
- Broadening the knowledge of history, rules, and officiating of selected activities
- Increasing the development of fitness and the understanding of the basic principles of fitness.

PHYSICAL EDUCATION 30

Physical Education 30 will continue to promote the pursuit of lifelong physical activity. Physical Education 30 will allow for the opportunity to create individualized personal training programs through instruction of program building techniques. Students will learn how to be accountable for their own personal fitness. Some of the topics in this course will include how to measure, evaluate and change body composition. A comprehensive nutrition and diet analysis based on your current energy input and output will be assessed. This course will move in a personal training direction

HIGH PERFORMANCE 10/20/30

The goals of this course are that students have the opportunity to acquire and evaluate exercise science and strength and conditioning related research and information. Students will develop skill in making knowledgeable decisions to improve physical fitness and athletic performance, and develop positive attitudes towards physical training and exercise science.



SOCCKER ACADEMY

The Sacred Heart High School Soccer Academy is an athlete-centered program aimed at developing and enhancing the soccer skills of the students. Focus will be to enhance a player's confidence, individual playing skills, and leadership while giving them opportunities beyond the regular classroom and to provide additional training for soccer players, male or female, beginners or advanced, competitive or recreational, who wish to improve on their soccer skills.

SACRED HEART HIGH SCHOOL

DANCE ACADEMY

Students in Dance 10 will provide students with the opportunity to experience and explore dance education and styles in a diverse and authentic environment. These styles will include, but are not limited to jazz, ballet, and modern dance. An emphasis will be placed on developing technique, developing creative skills and developing analytical skills. As students move into Dance 20 and 30 they will study components such as Social and Global Issues, Choreographers, Dance as a Part of Life as well as independent studies. During each Dance course, about 50% of the class will continue to focus on practical dance training, at the level of each individual student.

HOCKEY ACADEMY

Sacred Heart High Performance Hockey is a player focused program developed to assist players individual hockey development. Programs Focus is to compliment our student-athletes with supports away from club team initiatives. We will provide our players with additional hours of on and off ice player development.

H. PRACTICAL AND APPLIED ARTS

ACCOUNTING 10

The purpose of this course is to introduce students to the practices of tracking finances and transactions of a sole proprietorship. Students will become familiar with careers related to accounting and to the concepts, principles, and procedures of working with a ledger.

ANIMATION 10

This course is a hands-on course allowing students the opportunity to engage in the planning, constructing and publishing of an animated project. The plan can take the form of sketches, storyboards and scripts. Then after being grounded in the traditional principles of animation, students will use computer software to model an object, organize and render an animated scene, and composite a final product. At each level, the student is expected to maintain a portfolio to show how their skills have developed over the term of the course.

C.A.D. 10

The purpose of the Computer Aided Drafting (CAD) course is to introduce students to basic concepts in orthographic, isometric, sectional, and dimension drafting. Students will be introduced to several software applications to assist in this computer-based course.

COMMERCIAL COOKING 10

This course combines theory and 'hands on' experiences when preparing foods on a larger scale. Learning how to use commercial food equipment and tools is necessary to assure safety on the job. Learning how to handle food safely and prevent food poisoning is equally as important.

CONSTRUCTION 10

The purpose of this class is for students to become familiar with basic construction concepts and technology. Students will develop safe and knowledgeable use of hand and power tools.

COMMUNICATION MEDIA 10

Students will develop basic knowledge, skills, and abilities in audio, video and multimedia production. Students will be introduced to the three stages of production including: pre-production, production, and post-production. They will be involved in basic audio, video, and multimedia production activities, and will participate in one or more production projects. Students will be introduced to Final Cut Pro, a professional video editing program.

COSMETOLOGY 10

Cosmetology refers to the study and practice of beauty culture. It is a practical, 'hands on' class that is recommended for students who have an interest working with hair, nails and make-up. In addition, this class provides a strong basis of understanding for students considering related careers

SACRED HEART HIGH SCHOOL

DESIGN STUDIES 10

This course is intended to support students in their understanding and application of design principles. Students use a variety of materials and fabrication processes to design and create products. Students will be introduced to software programs such as ArtCam and Inventor as part of this course.

INFORMATION PROCESSING 10

Information Processing 10 offers students an introduction to the ever changing world of computers and technology. Students are given the opportunity to explore several computer software applications that are used for word processing, information exchange and design. They will demonstrate these skills in the various projects that they complete throughout the course. Adobe Creative Suite 3 to create computer-generated images.

PRACTICAL AND APPLIED ARTS SURVEY **Prerequisite: Grade 9 Standing**

Students will continue to build on their woodworking skills. The focus will be on cabinet making. Metal work and design will be introduced at this grade. Students may also be introduced to some basic welding processes. Each student will be required to complete assigned major projects in each area in order to receive credit. Students will be required to cover the cost of materials.

WELDING 10

This program is designed to prepare students for the Level 1 Apprenticeship Program. Emphasis is on Safety & Theory, Arc Welding, Mig Welding, Oxy/Acetylene Welding, Cutting and Metal Fabrication.

ANIMATION 20 **Prerequisite: Animation 10**

Students will examine the history, concepts and techniques of basic animation production, including storyboards and character development. Emphasis will be placed on creating movement and expression utilizing traditional and electronically generated image sequences. Animation 20 will look at the development of two-dimensional (2-D) and three-dimensional (3-D) modeling and rendering techniques using lighting, staging, and special effects for digital output. Students will work toward creating one animated short for their portfolio.

COMMUNICATION MEDIA TECHNOLOGY 20 **Prerequisite: CPT10**

Increases students' understanding of important knowledge, skills, and abilities required in the creation of audio, video, and multimedia products. Post-production activities will begin to take more of a focus in this class. Students will work collaboratively to create a variety of multimedia projects. Emphasis will be placed on creating media for an artist's portfolio. Students will also gain a working knowledge of Final Cut Pro.

ANIMATION 30 **Prerequisite: Animation 20**

This course prepares students for complex character animation while introducing them to the fundamentals of inverse kinematics through the development of an understanding of advanced animation techniques. Human walk cycles and motion will familiarize students with natural movements. Students will explore an introduction to lighting and surfacing 3-D scenes. Real life scenes will be studied and used as references for the course. The course will focus on proper lighting techniques and rendering abilities. Students will explore surfacing objects using several methods of image mapping.

CAREER EXPLORATIONS 20

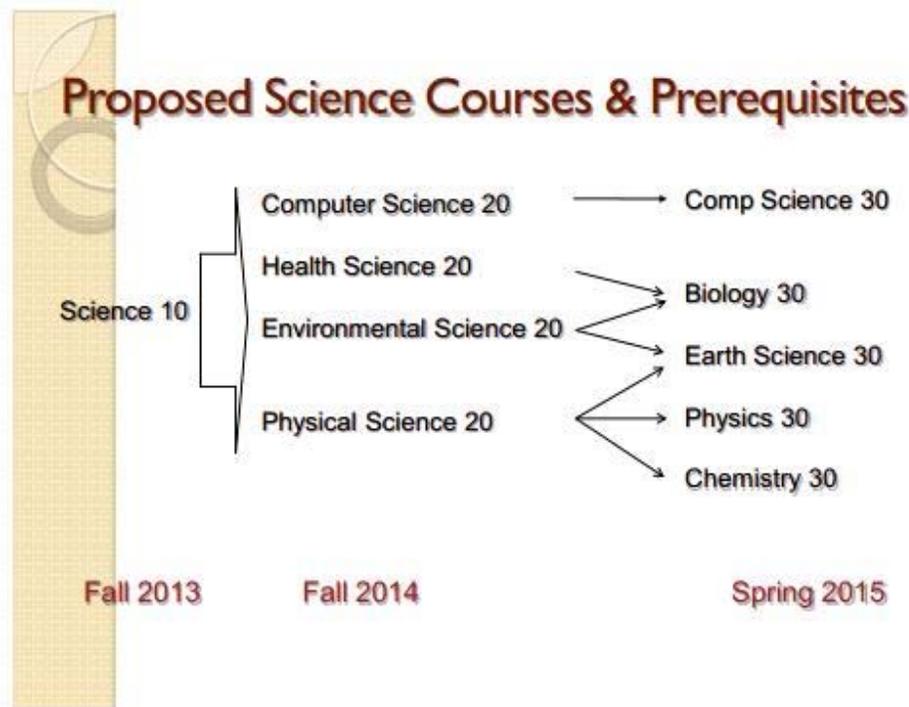
The purpose of this course is to provide students the opportunity to enhance their personal self-knowledge, research career planning and labour market information, build student portfolio and resumes, and develop an understanding of Occupational Health and Safety and Labour Laws.

ENTREPRENEURSHIP 30

Small business in Canada produces a significant number of new jobs, and makes a tremendous contribution to the economy. Students in Entrepreneurship 30 will have the opportunity to learn about the various characteristics of entrepreneurs and create a student venture. Students will develop an appreciation for the spirit of entrepreneurship, and for the planning, marketing, and financing that goes into a venture.

SACRED HEART HIGH SCHOOL

I. SCIENCES



SCIENCE 10

Science 10 is a new course that follows the Pan-Canadian curriculum. It is designed to better prepare students for senior sciences in each of the three disciplines (Biology, Chemistry, Physics). The five units of studies include: Science 90 review, Ecology (Biology), Chemistry, Motion (Physics) and Weather (Earth Science). Students must also complete a major project as part of the course. Each unit encourages interaction within discussion, laboratory settings and group work.

SCIENCE 11 **Prerequisite: Administrative Permission**

The course provides a modified credit in science for students who have encountered difficulty with Science at the 90 level. Students who wish to pursue a credit in Science 11 will enroll in a Science 10 class. In this program the content, process and evaluation procedure is modified to facilitate student success.

ENVIRONMENTAL SCIENCE 20 **Prerequisite: Science 10**

Students will learn how to examine local and global environmental issues such as climate change, water, soil, and air quality, urbanization, bio resource management, waste handling and disposal, land-use planning, and the impacts of agriculture and industry on the environment from scientific and Indigenous knowledge perspectives. Students will examine the role of environmental policies and ethics on decision making, and will investigate environmental science related careers. Student directed studies will lead to the development of environmental action plans.

HEALTH SCIENCE 20 **Prerequisite: Science 10**

This course will challenge students to look at the health science field from holistic and analytic perspectives to provide a basis for making sound personal health choices. Students will apply information in the areas of medical knowledge systems and ethics, human anatomy and physiology, nutrition and metabolism, and medical diagnostics. Understanding the basic anatomy and physiology of the human body will provide a context for studying the normal and abnormal functioning of various body systems and the tools and techniques used to diagnose those systems. Students will also investigate the range of health science careers and post-secondary programs available in Saskatchewan.

SACRED HEART HIGH SCHOOL

PHYSICAL SCIENCE 20 **Prerequisite: Science 10**

This course combines elements of Chemistry 20 and Physics 20 in an integrated hands-on manner to investigate concepts related to heating and cooling, the foundations of chemistry, including the mole and quantitative analysis of molecules and chemical reactions, and the characteristics and properties of electromagnetic radiation. An overarching theme is the study of the enterprise of public and private science as it occurs in agriculture, industry, and universities to help students better understand the physical science related career paths. Student inquiry will guide independent investigations of physical science phenomena.

EARTH SCIENCE 30 **Prerequisite: Physical Science 20 or Environmental Science 20 (once these two courses are implemented in schools – in the meantime any 20-level science will be acceptable as a prerequisite).**

Students will examine our planet's geological origins and the geological timescale as a foundation to guide decision making with regard to the use of its mineral and energy resources, the maintenance and remediation of the environment, and response to geological hazards. Hands-on field experiences will enable students to develop visual-spatial reasoning skills and an understanding of the role of Geographic Information Systems. Students will also explore the historical and contemporary significance of Earth Science and related careers.

SCIENCE 21 **Prerequisite: Science 10 or Science 11 & Administrative Permission**

A modified credit is offered in science at the senior level for students who have encountered difficulty with science at the Level 90 and 10. Students who wish to pursue a credit in Science 21 will enroll in Biology 20. In this program the content, processes and evaluation procedures are modified to facilitate student success.

BIOLOGY 30 **Prerequisite: Science 10**

In Biology 30 students will gain experiences which allow them to see the connections between the external macroscopic world, and the internal, microscopic world, while focusing on human structures and processes. A number of experiments and activities are given to ensure that students understand the biological principles presented. The five units covered include: Unit One: Biochemistry; Unit Two: Cytology; Unit Three: Genetics; Unit Four: Animal Systems; Unit Five: Evolution

CHEMISTRY 30 **Prerequisite: Chemistry 20**

This course examines some advanced principles of physical chemistry. It includes a comprehensive review of Chemistry 20 and the study of reactions (energy, rates and equilibrium). Study also includes acids and base chemistry, plus oxidation-reduction reactions. The four units covered include: Unit One: Solutions and Solubility; Unit Two: Acids and

COMPUTER SCIENCE 30 **Prerequisite: Computer Science 20**

This course is designed to extend your skills with programming in BASIC and its Visual (object oriented) component. The bulk of this course will deal with a hands-on approach to programming. Students can expect to spend a good deal of their time actually writing visual basic programs with an emphasis on a major programming project at the end of the course. As well, students may begin to explore Visual C++ or other programming language.

PHYSICS 30 **Prerequisite: Math A30 OR Physics 20 OR FM20 OR WA20 OR PC20**

Physics 30 is the study of introductory Newtonian mechanics, electricity, and nuclear physics. Topics such as straight-line motion, force that causes motion, vectors, work power, kinetic and potential energy are examined based on a problem-solving approach. Students will develop an understanding of some simple electric circuits and power supplies. The units covered include: Velocity and Acceleration, Vectors Projectile, Motion Forces Work, Power and Energy Electricity Nuclear Energy.

SACRED HEART HIGH SCHOOL

J. SOCIAL SCIENCES

HISTORY 10

This course involves a study of European history from the age of absolutism up to World War I. It emphasizes the social, cultural, political and economic changes that led to the emergence of modern Western society. Major topics include the French Revolution, the Industrial Revolution, Nationalism, Imperialism, the rise and fall of monarchies and nations and the Age of Revolution.

NATIVE STUDIES 10

This is the study of the historical and contemporary organizations and the institutions of the First Nations and Métis people who lived and now live in Saskatchewan, Alberta and Manitoba. Students will examine how changes occurred and how continuing change may affect the future.

HISTORY 20 **Prerequisite: History 10 or Native Studies 10**

This course emphasizes the events of the 20th century. Major topics include the First World War and its aftermath; the rise of totalitarian societies and nations; World War II; the Cold War; Détente; the Middle East and Global Interactions. Emphasis is also placed on current world issues and their relationship to the past.

NATIVE STUDIES 20 **Prerequisite: Native Studies 10**

This course is designed to familiarize students with the contemporary concerns of Indigenous people. The scope of study is global in nature, but has applications for the individual living in Saskatchewan. Five themes will be considered: Indigenous people of the world, Change, Social Justice, Development and Self Determination.

HISTORY 30 **Prerequisite: History 10 or Native Studies 10**

History 30 examines some of the key social, economic, political, historical, and cultural developments in Canada from the arrival of the first Canadians (First Nations People) to present day. Topics studied include the geography of Canada and its influence, Canada's First Nations People, the French and British Periods, Confederation, the Canadian system of government, the emergence of the Canadian Nation, Canada and the World, and current events from a primarily Canadian perspective. The course is organized into five major units: Relationship: Peoples and Paradigms; the 19th Century: The Road to Democracy, External Forces and Domestic Realities, the Forces of Nationalism, and Opportunities.

LAW 30 **Prerequisite: History 10 or Native Studies 10**

Law 30 is designed to prepare students to become active, informed and productive citizens who know and understand their legal rights and responsibilities. Students will learn about the rule of law and learn that the law reflects, and is shaped by, society's values and attitudes regarding social and human relationships. Students will study the abstract nature of law as well as its applications to current Canadian and global legal issues. The six units covered include: Unit One: The Need for Law Unit Two: Canada's Legal System, Unit Three: Legal Rights, Unit Four: Criminal Law Unit Five: Family Law, Unit Six: Other Relevant Issues.

PSYCHOLOGY 30 **Prerequisite: History 10 or Native Studies 10**

The focus of this course is human development. Developmental psychology is the field of psychology that focuses on human development across the life span. Students will learn about human growth and changes in behaviour associated with age, including the various stages of development from infancy through childhood, adolescence, adulthood and old age. As well, students will learn how psychological studies are conducted, and engage in studies of their own. Students will be encouraged to re-assess preconceived ideas and prejudices, and begin to discover how psychological theories, methods and studies lead to greater understanding of how, in general, humans think, feel and behave relative to each stage of development.

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PROGRAM PLANNING GUIDE 2014-15

Place an " X " by the credits you have earned. Place a "P " by the credits you plan to earn.

LEVEL 10	LEVEL 20	LEVEL 30
<input type="checkbox"/> CHRISTIAN ETHICS 10 <input type="checkbox"/> ENG. LANG. ARTS A10 <input type="checkbox"/> ENG. LANG. ARTS B10 <input type="checkbox"/> ENG. LANG. ARTS 10 APA <input type="checkbox"/> ENG. LANG. ARTS 10 APB <input type="checkbox"/> ENG. LANG. ARTS A11 <input type="checkbox"/> ENG. LANG. ARTS B11 <input type="checkbox"/> FOUNDATIONS OF MATH & PRE-CAL 10 <input type="checkbox"/> FOUNDATIONS OF MATH & PRE-CAL10 AP <input type="checkbox"/> HISTORY 10 <input type="checkbox"/> MATHEMATICS 11 <input type="checkbox"/> NATIVE STUDIES 10 <input type="checkbox"/> SCIENCE 10 <input type="checkbox"/> SCIENCE 11 <input type="checkbox"/> WELLNESS 10 <input type="checkbox"/> WORKPLACE & APPR. 10 <input type="checkbox"/> WORKPLACE & APPR. 10AP	<input type="checkbox"/> CHRISTIAN ETHICS 20 <input type="checkbox"/> ENG. LANG. ARTS A20 <input type="checkbox"/> ENG. LANG. ARTS 20AP <input type="checkbox"/> ENG. LANG. ARTS A21 <input type="checkbox"/> HISTORY 20 <input type="checkbox"/> FOUNDATIONS OF MATH 20AP <input type="checkbox"/> FOUNDATIONS OF MATH 20 <input type="checkbox"/> WORKPLACE & APPRENTICESHIP MATH 20 <input type="checkbox"/> PRE CALCULUS MATH 20	<input type="checkbox"/> CHRISTIAN ETHICS 30 <input type="checkbox"/> ENG. LANG. ARTS A30 <input type="checkbox"/> ENG. LANG. ARTS B30 <input type="checkbox"/> ENG. LANG. ARTS A31 <input type="checkbox"/> ENG. LANG. ARTS B31 <input type="checkbox"/> ENG. LANG. ARTS 30APA <input type="checkbox"/> ENG. LANG. ARTS 30APB <input type="checkbox"/> HISTORY A30 <input type="checkbox"/> HISTORY 31
<input type="checkbox"/> ED. CHRETIENNE 10 <input type="checkbox"/> FRANÇAIS IMM. 10 <input type="checkbox"/> HISTOIRE 10 <input type="checkbox"/> TECHNOLOGIES DE L'INFORMATION 10	<input type="checkbox"/> ED. CHRETIENNE 20 <input type="checkbox"/> FRANÇAIS IMM. 20 <input type="checkbox"/> FRANÇAIS IMM. INTEGRE A20 <input type="checkbox"/> HISTOIRE 20	<input type="checkbox"/> ED. CHRETIENNE 30 <input type="checkbox"/> FRANÇAIS IMM. 30 <input type="checkbox"/> SCIENCES SOC. IMM. 30 <input type="checkbox"/> FRANÇAIS IMM. INTEGRE B20
<input type="checkbox"/> ACCOUNTING 10 <input type="checkbox"/> ANIMATION 10 <input type="checkbox"/> BAND 10 <input type="checkbox"/> CAREER & WORK EXPLORATION 10 <input type="checkbox"/> CHORAL 10 <input type="checkbox"/> COMM. COOKING 10 <input type="checkbox"/> COMMUNICATIONS MEDIA 10 <input type="checkbox"/> CONSTRUCTION & CARPENTRY10 <input type="checkbox"/> COSMETOLOGY 10 <input type="checkbox"/> DESIGN STUDIES 10 <input type="checkbox"/> DRAFTING & COMPUTER-AIDED DESIGN <input type="checkbox"/> DRAMA 10 <input type="checkbox"/> FRENCH 10 (CORE) <input type="checkbox"/> HIGH PERFORMANCE 10 <input type="checkbox"/> INFO. PROCESSING 10 <input type="checkbox"/> JAZZ BAND 10 <input type="checkbox"/> MUSIC 10 (ROCK BAND) <input type="checkbox"/> PRACTICAL & APPLIED SURVEY 10A <input type="checkbox"/> VISUAL ART 10 <input type="checkbox"/> WELDING 10	<input type="checkbox"/> ACCOUNTING 20 <input type="checkbox"/> ANIMATION 20 <input type="checkbox"/> BAND 20 <input type="checkbox"/> CAREER & WORK EXPLORATION 20 <input type="checkbox"/> CHORAL 20 <input type="checkbox"/> COMMERCIAL COOKING 20 <input type="checkbox"/> COMMUNICATION MEDIA 20 <input type="checkbox"/> COMP. SCIENCE 20 <input type="checkbox"/> CONSTRUCTION & CARPENTRY 20 <input type="checkbox"/> COSMETOLOGY 20 <input type="checkbox"/> CREATIVE WRITING 20 <input type="checkbox"/> DESIGN STUDIES 20 <input type="checkbox"/> DRAFTING & COMPUTER-AIDED DESIGN 20 <input type="checkbox"/> DRAMA 20 <input type="checkbox"/> ENVIRONMENTAL SCIENCE 20 <input type="checkbox"/> FRENCH 20 (CORE) <input type="checkbox"/> HEALTH SCIENCE 20 <input type="checkbox"/> HIGH PERFORMANCE 20 <input type="checkbox"/> INFO PROCESSING 20 <input type="checkbox"/> JAZZ BAND 20 <input type="checkbox"/> MUSIC 20 (ROCK BAND) <input type="checkbox"/> NATIVE STUDIES 20 <input type="checkbox"/> PRACTICAL & APPLIED ARTS SURVEY 20 <input type="checkbox"/> PHYS. ED. 20 <input type="checkbox"/> PHYSICAL SCIENCE 20 <input type="checkbox"/> SCIENCE 21 <input type="checkbox"/> VISUAL ART 20 <input type="checkbox"/> WELDING 20	<input type="checkbox"/> ACCOUNTING 30 <input type="checkbox"/> ANIMATION 30 <input type="checkbox"/> BAND 30 <input type="checkbox"/> BIOLOGY 30 <input type="checkbox"/> CAD 30 <input type="checkbox"/> CALCULUS 30AP <input type="checkbox"/> CALCULUS 30 <input type="checkbox"/> PRE CALCULUS 30 <input type="checkbox"/> CAREER & WORK EXPLORATION 30 <input type="checkbox"/> CHEMISTRY 30 <input type="checkbox"/> CHORAL 30 <input type="checkbox"/> COMMUNICATIONS MEDIA 30 <input type="checkbox"/> COMP. SCIENCE 30 <input type="checkbox"/> CONSTRUCTION & CARPENTRY 30 <input type="checkbox"/> COSMETOLOGY 30 <input type="checkbox"/> DRAFTING & COMPUTER AIDED DESIGN 30 <input type="checkbox"/> DRAMA 30 <input type="checkbox"/> EARTH SCIENCE 30 <input type="checkbox"/> ENTREPRENEURSHIP 30 <input type="checkbox"/> FRENCH 30 (CORE) <input type="checkbox"/> HIGH PERFORMANCE 30 <input type="checkbox"/> INFO PROCESSING 30 <input type="checkbox"/> JAZZ BAND 30 <input type="checkbox"/> LAW 30 <input type="checkbox"/> MUSIC 30 (ROCK BAND) <input type="checkbox"/> PRACTICAL & APPLIED ARTS SURVEY 30 <input type="checkbox"/> PHYS. ED. 30 <input type="checkbox"/> PHYSICS 30 <input type="checkbox"/> PSYCHOLOGY 30 <input type="checkbox"/> VISUAL ARTS 30 <input type="checkbox"/> WELDING 30A <input type="checkbox"/> WELDING 30B
# OF CREDITS	# OF CREDITS	# OF CREDITS

SACRED HEART HIGH SCHOOL

ATHLETIC ACTIVITIES

BADMINTON

Junior Boys
Junior Girls
Senior Boys
Senior Girls

BASKETBALL

Junior Boys
Junior Girls
Senior Boys
Senior Girls

CHEER STUNT TEAM

CROSS COUNTRY RUNNING

School Team

CURLING

FOOTBALL

Junior (Gr. 8 & 9)
Senior (Gr. 10 – 12)

GOLF

SOCCER

Boys
Girls

TRACK AND FIELD

School Team

VOLLEYBALL

Junior Boys
Junior Girls
Senior Boys
Senior Girls

SOCIAL ACTIVITIES

CANTEEN

CHOIR

COFFEE HOUSE

DEBATE

DRAMA

FAITH LEADERSHIP

MUSICAL

NEWSPAPER

OUTDOOR EDUCATION (SWEC)

PEER SUPPORT

PHOTOGRAPHY CLUB

ROBOTICS

SOCIAL JUSTICE COMMITTEE

SKILLS CANADA

STUDENTS AGAINST DRINKING AND DRIVING (SADD)

STUDENT REPRESENTATIVE COUNCIL

U R.O.C.K.

(Reaching Out to Create Kindness)

YEARBOOK CLUB

INTERNATIONAL TRAVEL CLUB