

St. Alphonsus School 81 Henderson Street East, Yorkton, Saskatchewan, S3N 0A8 Telephone: (306) 783-4121 Fax: (306) 782-3077

Website: http://stalphonsus.christtheteacher.ca/ E-mail: saint.alphonsus@cttcs.ca CHRIST THE TEACHER CATHOLIC SCHOOL DIVISION

FEBRUARY NEWSLETTER 2022

Principal: Mr. M. Cristo

Dear Parents/Guardians:

February is a busy month at St. Alphonsus School. It will go fast as there are many events and activities planned.

As the winter continues we will be able to get outside and enjoy the weather. We are looking to host a Winter Olympics at the school to recognize Canada and our Olympic athletes competing in China. Students have also been able to use the class set of snow-shoes purchased for the school by the SCC.

Students always look forward to Valentine's day and this year we will be able to celebrate the day. Students are asked to bring their Valentines to school 24 hours before Valentine's Day. The cards will then be handed out on Valentine's day.

Our student leadership team have planned a spirit week for students and staff to take part in before the break. Look for announcements on that.

We are looking to improve communication with our families. Our school office will start to use a program called school messenger. It is an automated system that allows us to communicate school wide messages more efficiently. Please watch for emails on this in the coming days.

The students have earned their break in February and will enjoy some time at home on the week of February 21-25. Have a restful and enjoyable break from school.

Mr. M. Cristo Principal Mr. P. Hartman Vice-Principal

NO SCHOOL-WINTER BREAK February 21-25

Return to school Monday, February 28th

Pre-Kindergarten Enrollment (2022-2023 School Year)

We are now accepting applications for the 2022-23 school year for families with children ages 3 or 4. Application forms can be downloaded from our school website at http://stalphonsus.christtheteacher.ca.

Kindergarten Enrollment (2022-23 School Year)

We are now taking names for Kindergarten Enrollment in the Fall of 2022. If your child turns 5, or you know of someone who has a child that will turn 5 on or before December 31, 2022, please call the school office @ (306)783-4121 or go on our website http://stalphonsus.christtheteacher.ca. for fillable registration forms.

*Please pass on this information to neighbours, friends or relatives who are new to the St. Alphonsus attendance area or will be enrolling their first child in the school system.

CALENDAR OF EVENTS:
Feb 7 th – Hot Lunch Forms Due
Feb 14 th – Valentines Day
Feb 14-18 th – Spirit Week
Feb 16 th – Pink Shirt Day
Feb 17 th – Hot Lunch
February 21-25 th - Feb Break NO School

Band News

- Gr. 7/8 Band will be performing virtually in the Yorkton Music Festival in March. We plan to record at Full Band.
- Beginner Band parents: send in your child's monthly practice minutes.

Cold Weather Guidelines

Winter is here! Please make sure your child is dress appropriately for the weather.

The following school division winter weather guidelines have been established. Temperatures noted include reported windchill factors:

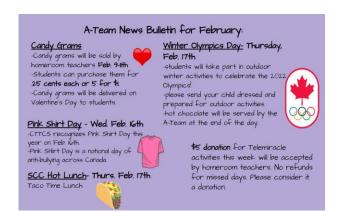
- Temperature of -29'C and above
 Students are expected to be outdoors.
- Temperature of -30'C to 35'C
 Students are encouraged to get fresh air, however going outside is optional.
- Temperature of -36'C and below
 Students will not be allowed outdoors.

Monday, Feb.	Tuesday, Feb.	Wednesday,	Thursday, Feb.	Friday, Feb 18th
14th	15th	Feb. 16	17th	
Red and Pink Day!	Movie Character Day!	Pink Shirt Day!	Winter Olympics Day!	PJ Day!
Dress in red	Dress like your	of Pink Shirt	Dress like an athletel	Wear your
and pink for	favorite movie	day in support		cozy warm pjs
Valentine's Day!	character.	of anti-bullying		, and the second

HELPING HANDS:

\$1.00 EACH

Each helping hand purchased gets your name entered into a draw to win a Telemiracle prize.





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Principal: Mr. M. Cristo
E-mail: michael.cristo@cttcs.ca

Dear Parents/Guardians,

Your help is requested in determining the approximate number of Kindergarten children that may be attending St. Alphonsus School in the next year. Children must be five years of age by December 31st if they are to begin school in September of that year. Please complete the form below. If you know of any families wishing to enroll their children at St. Alphonsus School, please pass this survey on to them and have them drop it off at the office, fax, mail, or e-mail information. Thank you for your help.

Mr. M. Cristo, Principal

KINDERGARTEN SURVEY

Children will begin in 2022-23 school year:					
Child's Name (in full)	Male (M) Female (F)	Date of Birth (MM/DD/YYYY)	Religion (Please specify)		

Parent(s) (Given Names and Family Name)	E-mail Address (please list at least 1)
Street Address and Postal Code	
Telenhone Number	Parent/Guardian Signature

PLEASE RETURN FORM **ASAP**



Yorkton

Fear-Less Group

A program for parents/caregivers of children age 6 to 14 with significant anxiety concerns

Conducted on six consecutive Wednesdays March 2, 9, 16, 23, 30, April 6, 2022 from 6:30 pm to 8:30 pm

Registration deadline is Feb. 25, 2022

Triple P Centre SIGN on Broadway 345 Broadway Street West, Yorkton

Registration is limited to 8 persons. Specific criteria must be met to attend this class. Call or text for more information.

Parents must commit to all sessions, with session 1 mandatory. Covid-19 precautions will apply.

Session will be offered online only in the event of a change in Covid-19 guidance.

Parents will learn how to use positive parenting strategies that can help children overcome their anxiety.

This program teaches parents about the causes of anxiety and how their response as a parent can influence children's anxiety. We will also cover how to develop realistic expectations to manage anxiety.

Children are not permitted in any session, and childcare is not available.

All programs are free, but registration is required for all sessions:

Call 306-783-3080 | Text 306-621-3084 | Message on Facebook | Email triplep@signyorkton.ca

www.facebook.com/yorktontriplep | www.signyorkton.ca



Yorkton

Triple P Group

A program for parents/caregivers of children age 0 to 10

Conducted during seven consecutive weeks Mondays March 14, 21, 28, April 4, 25, 2022 from 6:30 pm to 8:30 pm

Registration deadline is March 10, 2022

Triple P Centre SIGN on Broadway 345 Broadway Street West, Yorkton

Maximum registration is 8 parents.

Parents must commit to all sessions, with session 1 mandatory. The seven-week program consists of five in-person sessions and two sessions conducted by phone. Covid-19 precautions will apply.

Parents will receive support to help manage their children's behaviour and prevent the kinds of problems that makes family life stressful.

We start with developing good relationship for parents to have with their child, then share ideas how we can encourage the behaviour we like, teach new skills and behaviours, and finally how to manage children's misbehaviour.

Children are not permitted in any session, and childcare is not available.

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Yorkton

Triple P Teen Group

A program for parents/caregivers of children age 10 to 16

Conducted during seven consecutive weeks March 17 to April 28, 2022

from 6:30 pm to 8:30 pm

Registration deadline is March 10, 2022

Triple P Centre SIGN on Broadway 345 Broadway Street West, Yorkton

Registration is limited to 8 persons.

Parents must commit to all sessions, with session 1 mandatory. The seven-week program consists of five in-person sessions and two sessions conducted by phone. In-person sessions are March 17, 24, 31, April 7, 28, 2022.

Parents will receive support to help manage their teen's behaviour and prevent the problems that makes family life stressful.

We start with developing positive relationship between parents and child, then share ideas how we can increase desirable behaviour, teach new skills and behaviours, manage misbehaviour, and finally deal with risky behaviour.

Childcare not provided and children not permitted.

All programs are free, but registration is required for all sessions:

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Online

Stepping Stones

A program for any Saskatchewan parent/caregiver of a child age 2 to 12 with a disability diagnosis

Eight weeks
Tuesdays March 8, 15, 22, 29, April 5, 26, 2022
from 6:30 pm to 8:30 pm
Registration deadline is March 3, 2022

The program is conducted online.

Login information will be provided to registered participants by email.

Registration is limited to 10 persons.

Parents must commit to all eight weeks -- 6 online group sessions on the dates above and 2 sessions conducted by individual phone calls during the other two weeks.

Adequate Internet service must be available and participants must have video and audio turned on at all times.

We encourage parents to use a computer, laptop or tablet and not a phone to participate in this program.

In the initial five group sessions, parents will learn how to use positive parenting to develop good relationships with their children, encourage their children to learn new skills and develop independence. We will discuss how we can promote children's health, development and well-being, and manage misbehavior.

Registration is required for all sessions:

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