



St. Mary's School

Together we grow in Faith, Hope and Love.

Ph. (306)782-2889 email: saint.marys@cttcs.ca
Website: <http://stmarys.christtheteacher.ca> Please
follow @stmarysyorkton on twitter



Christ the Teacher Catholic
School Division #212
<https://christtheteacher.ca/ctt/>

NOVEMBER 2023

MESSAGE FROM THE PRINCIPAL :

Dear St. Mary's Families,

As we enter into the month of November, we focus our attention to **peace** as stated from the Gospel of John 14:27, "Peace I leave you, my peace I give to you." November is a time set aside to remember those who fought for peace, and those who continue to work to keep our world at peace. Every year on November 11, Canadians pause in silence for a moment of remembrance for the men and women who have served, and continue to serve our country during times of conflict. Everyone is invited to St. Mary's Remembrance Day Service on Wednesday, Nov. 8th at 9:30 a.m.

November is also a month where we remember all saints and all souls. All Saints Day on November 1st is a feast day celebrated by Catholics. It is an opportunity for believers to remember all saints and martyrs, known and unknown, throughout Christian history. All Souls Day is marked on November 2nd, directly following All Saints Day, and is an opportunity for us to remember and pray for the faithful departed.

We invite all parents/guardians to speak to the classroom teachers for our Student-Sharing Conferences on Wednesday, November 22nd and Thursday, November 23rd.

Blessings,
Mrs. Klemetski

Dates to Remember:

(Weds.) Nov. 1	All Saints Day
(Thurs.) Nov. 2	All Souls Day
(Weds.) Nov.8	Remembrance Day Ceremony 9:30 a.m.
(Friday)Nov.10	In-Service, NO SCHOOL
(Sat.)Nov.11	Remembrance Day
(Mon.)Nov. 13	Holiday - No School
(Tues.) Nov. 14	SCC meeting 5pm Library
(Fri.) Nov.17	Term 1 Student Progress Report
(Weds.&Thurs.) Nov.22&23	Student Led Conferences 3:30-6:15 p.m.
(Fri.) Nov. 24	Orange Shirt Day
(Tues.) Dec.5	Band Christmas Concert at SHHS Theatre at 7 p.m.
(Weds.) Dec.6	Family Christmas Concert at 7 p.m.
December 21- Jan.-3	Christmas Holidays NO SCHOOL
(Thurs.) Jan.4	CLASSES RESUME -Day 2
	SPIRIT DAYS:
Nov.8	Red Day
Nov.15	Inside Out& Backwards Day
Nov.22	Wear a Word Wednesday
Nov.28	Solid Colour Day
Nov.30	Patterned Clothing Day example, stripes Plaid, floral,polkadot

Help Your Child Succeed in School

<https://www.attendanceworks.org/>

One in 10 kindergarten and first-grade students nationally are chronically absent, missing nearly a month of school. Emerging research shows even higher rates among preschoolers.

These early absences correlate with reading difficulties and poor attendance patterns in later years.

Parents are often unaware of the corrosive effects of absenteeism and how quickly absences add up to academic trouble in the early grades.

Attendance rates are better in schools where parents feel welcomed and engaged and where they trust their children are safe.

Students can begin to reverse their academic difficulties if they improve their attendance.



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Christmas Concert Celebration

Wednesday, Dec. 6, 2023 at 7 p.m.

We invite all the families to gather as a school community to celebrate the Advent & Christmas seasons. Students are asked to be at St. Mary's School no earlier than 6:30 p.m. and no later than 6:45 p.m.

Come and celebrate with us!



East Central District Cross Country Result: At Langenburg, Carlton Trail Park on Oct. 11

Aalayah 4th /34	Kaizen 34/35
Evan 9th	Gavin 20/44
Danylo 33/42	Cassadee 11/30
Kylie 33/35	Ryker A 42/44
Lilly- 25/30	Kingston 19/42

Congratulations Runners!

BAND:

Band Classes:

- Day 4 (pm)
- Day 6 (am)



- Wed. Nov. 8: Gr. 6,7,8 will play the 2 anthems for our Remembrance Day service
- Fri. Nov. 17: Student Progress Reports
- Parents: if you would like a Student-Led Band Conference, please email Mrs. Karapita @ colette.karapita@cttcs.ca
- Tues. Dec. 5, 7 PM Band Christmas Concert @ SHHS Theatre
- No Full Band classes Dec. 7-Jan. 8

ST. MARY'S CRUSADER OF THE WEEK

A crusader is a person who makes a determined effort to achieve something that they believe to be right or to stop something they believe to be wrong.



Crusaders

TALYN

Virtue- Sharing
Action- he gave his piece of bannock to a student who didn't get one

JUSTINE

Virtue-hardworking
Action- working well at finishing assignments

YOHAN


Virtue- Helpful
Action- Helped clean-up after Feast

REMEMBRANCE DAY SERVICE Wednesday, November 8, 9:30 am

The veterans have provided poppies for all students. Donations are encouraged! If anyone is a Cadet, Scout or Girl Guide please come in uniform. Families welcome to join us.







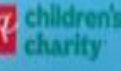
FOR MORE INFO CALL 306-783-2582!



MIDDLE YEARS AFTER SCHOOL PROGRAM

Mondays through Fridays from 3:30 to 5:30 pm
FOR CHILDREN & YOUTH IN KINDERGARTEN THROUGH AGE 12
 Located at 54 A Smith St W - The Middle Years Centre

DURING THE 2023-2024 SCHOOL YEAR, PROGRAM PARTICIPANTS CAN JOIN US FOR AN ENGAGING AND POSITIVE PROGRAM WHERE THEY CAN EXPLORE INTERESTS, DISCOVER THEMSELVES, AND TAP INTO THEIR POTENTIAL! THE MIDDLE YEARS AFTER SCHOOL PROGRAM IS BASED ON PHYSICAL ACTIVITY, NUTRITION, CULTURE, EDUCATION, LITERACY, ARTS, CRAFTS AND RECREATION! WE PROVIDE CHILDREN AND YOUTH WITH A PLACE TO DISCOVER, DEVELOP AND ACHIEVE THEIR POTENTIAL!

feeding hungry minds



Arts & Crafts

Wednesdays from 6:00 pm to 7:00 pm
PROGRAM RUNS OCTOBER 4TH, 2023 TO JUNE 12TH, 2024
For youth in Kindergarten through age 12
LOCATED AT 54 A SMITH STREET WEST - THE MIDDLE YEARS CENTRE

Our Arts & Crafts program offers children and youth drop-in opportunities to craft, create and express themselves through fun projects and a variety of mediums!

Call 306-783-2582 for more info!






feeding hungry minds

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SNACKS & SUPPER SERVED DAILY! MUST BE IN ATTENDANCE BY 4:45 TO SIGN UP FOR SUPPER!

THE OUTLET TEEN CENTRE

Open Mondays through Fridays from 3:30pm to 8:00pm
FOR YOUTH AGES 12 TO 18
LOCATED AT THE OUTLET - 54 C SMITH STREET WEST

BGC Yorkton offers a safe, engaging and positive place where youth can explore their interests, discover themselves, and tap into their potential! We provide homework support, nutrition, recreation, art, games and more!







feeding hungry minds



MONTHLY MADNESS

Themed month-by-month sign up program! Signs ups will go live on the Club Facebook (@BGCYorkton) on the last Tuesday/Thursday of the month for the upcoming month.

Tuesdays Evenings & Thursday Evenings - times will vary dependent on the activity. Tuesdays and Thursdays will be two SEPARATE program opportunities.

Program will run on a monthly sign up basis, starting in October 2023 through to June 2024
Located at 54 A Smith St W - The Middle Years Centre
 Ages will vary dependent on the activity - please watch for the age range advertised on the monthly sign up. Ages will be between youth in Kindergarten through age 14

Our Monthly Madness Program offers children and youth opportunities and activities that are fun & engaging on a month-by-month basis! Participants will take part in activities based on recreation, arts, crafts, culture, physical activity and more! This program allows children and youth to experience great activities with short-term commitment!

Call 306-783-2582 for more info!






feeding hungry minds

YORKTON FOOD RESOURCES:
Salvation Army Food Bank- 78 Front St. Yorkton in Parkland Community Church, Tuesday/Thursday 10-2, tel. no. 306-783-4650

Bruno's Place -139 Dominion Ave. open 24 hours, breakfast Mon-Fri 8-9:30 a.m., Lunch Tuesday/ Thursday 12-1 pm tel. no. 306-782-7866

Yorkton Community Fridge – 345 Broadway St. West, in the SIGN parking lot, open 24/7, take what you need, leave what you can.





The best way to preview Sacred Heart High School and meet other students who want to attend SHHS is to join the Future Saints program. Students in pre-Kindergarten to Grade 8 are welcome to join the Future Saints program. Students will receive:

- A special membership card
- A schedule of events (printable)
- A Christmas card
- Invitations to other special school events & athletics
- One free ticket to the fall musical
- Students new to the Future Saints program will receive a free SHHS item (toque/scarf).

Grade 8 students will also receive:

- Invitations to school information nights (in person or virtual)
- Saint for a Day information
- Invitations to special Grade 8 events

Please call 1-306-783-3128 for more information. To join the program, fill out the form below or register at <https://christtheteacher.ca/ctt/sacredheart/2020/05/07/future-saints/>

Future Saints Registration Form

Student Name _____
 Current Grade _____ Current School _____
 Parent/guardian 1: _____
 Parent/guardian 2: _____
 Address _____
 City _____ Province _____
 Postal Code _____
 Email Address _____

Return this form to your CTCS Elementary School Office or mail to 280 Gladstone Ave N., Yorkton, SK S3N 2A8

SACRED HEART HIGH SCHOOL
IS PROUD TO PRESENT

The SOUND of MUSIC

MUSIC BY RICHARD RODGERS
 LYRICS BY OSCAR HAMMERSTIEN II
 BOOK BY HOWARD LINDSAY AND
 RUSSEL CROUSE
 SUGGESTED BY "THE TRAPP FAMILY SINGERS"
 BY MARIA AUGUSTA TRAPP

SHOW TIMES	TICKETS
DEC 1ST 7PM	\$10 IN ADVANCE
DEC 2ND 7PM	\$15 AT THE DOOR
DEC 3RD 2PM	

TO PURCHASE TICKETS
SCAN THE QR CODE OR
CONTACT THE SHHS
OFFICE



St. Mary's Ukrainian Catholic Church
 Father Basil Malowany, Administrator-Pastor
 155 Catherine Street
 Phone: 306-783-4594 Fax: 306-782-4214
www.stmarysyorkton.com
 Saturday Divine Liturgy: 5:00 P.M. (English)
 Sunday Divine Liturgy:
 9:00 A.M. (English & Ukrainian)



St. Gerard's Roman Catholic Church
 Father Sathi Antony
 125 - 3rd Avenue North
 Phone: 306-782-2449 Fax: 306-782-8566
www.stgerard.ca email add: office@stgerard.ca
 Saturday Mass: 5:00 P.M.
 Sunday Mass: 9:00 A.M. & 11:00 A.M.

SUNDAY NOVEMBER 5TH
11AM TO 2PM

LUNCH PROVIDED

JOIN US FOR OUR 2023
ST. GERARD YOUTH FELLOWSHIP

125 3 AVE N, YORKTON
 ST. GERARD'S PARISH CHURCH

GROUP SHARING, GOAL SETTING,
 GAMES, RAFFLE DRAWS, SPEAKERS

Contact Parish Youth Coordinator Melinda Sevilla
 306-562-7480 or MFC Coordinator Jonathan
 Rosas 306-516-0286 for more information



Counsellor's Corner



Miss. Frankfurt



A FORM OF GENERATIONAL WEALTH

"Parents who can regulate their emotions and here's why. Emotional regulation is the ability to feel emotions and cope with them in healthy ways. Having parents who can regulate emotions doesn't look like a perfect parent with no flaws. It looks like a flawed person open to admitting mistakes, listening to their child's perspective, and allowing their child to fully self express. An adult who can regulate their emotions gives their child the ultimate gift, confidence, self determination, compassion and courage. -Dr. Nicole LePera

WELLNESS REMINDERS

- ✓ Practice affirmations. "I am loved, I did what I could with what I had and that was enough"
- ✓ Practice grounding, notice what is around you. What are 5 things you can see, smell and touch?
- ✓ Journal or draw each night before bed to help wind down

NEWS

- ✓ My schedule has changed for this school year. I am now at St. Paul's in the mornings and St. Mary's in the afternoons
- ✓ There is a new Yorkton Community Fridge and it is located at 345 Broadway St W in the SIGN parking lot. Anyone is welcome to check it out and take food or donate items. Check out their Facebook page at Yorkton Community Fridge

QUOTE

Today is a new day,
a new opportunity to
align with your
future self. You got
this.

