



St. Mary's School

Together we grow in Faith, Hope and Love.

Ph. (306)782-2889 email: saint.marys@cttcs.ca

Website: <http://stmarys.christtheteacher.ca>

Please follow @stmarysyorkton on twitter

And St. Mary's School on Facebook



Christ the Teacher Catholic

School Division #212

<https://christtheteacher.ca/ctt/>

FEBRUARY 2024

MESSAGE FROM THE PRINCIPAL :

Dear Families,
Stewardship is a way of life. It is recognizing that everything we have and everything we are is a gift from God and being grateful and generous with those gifts.

February has many symbols to help us live as a good steward.

- Valentine hearts remind us to love one another.
- Hold hands with your family on the Family Day holiday, let's cherish time together.
- Pink T-shirt anti-bullying awareness day helps us show kindness and compassion.
- Drum or the feather can remind us of Aboriginal Storytelling Month and the importance of passing down history, traditions and stories through oral storytelling.
- Helping Hands logo in the stores tells us it's time to raise money for our province's charity Telemiracle (see school fundraising activities on page 3)

Saint Valentine was a great role model for us to show our appreciation and love for the people in our life, not just in February but all year long.

Mrs. L. Klemetski



ASH WEDNESDAY

May your Ash Wednesday be a time of reflection and promise.

February Winter Break
There will be **NO**
SCHOOL Feb 19-23
Classes resume on
February 26



Make Every Day A Learning Day!



PLEASE let the school know when your child will be Absent. Please call 306-782-2889 or email stmaattendance@cttcs.ca. Our system will contact you via email or phone call if your child is not at school. If you would like to receive absent information via text to your cell phone, use that cellphone to text the word "YES" to the number 978338.

This will not work if your cell phone is not already in our system. Contact the school to have the number registered.



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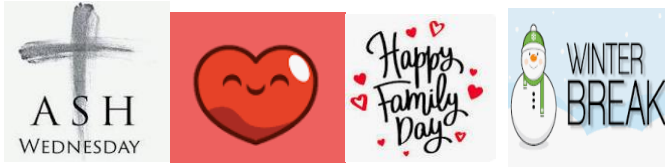
FEBRUARY 2024 CALENDAR

Mon.	Tues.	Weds.	Thurs.	Fri.
			1	2
5	6	7	8	9
Brown Day		SHHS Catch the Spirit <i>Wear a Word Wednesday</i> Gr 8 Parent meeting SHHS 7pm		Pink Day Telemiracle Coloring Contest due
12	13	14	15	16
Staff Appreciation Week	SCC meeting at 5pm	*Ash Weds. mass at 1pm St. Gerard *Valentines Day	Purple Day Telemiracle Talent Show 2:15	Orange Shirt Day
19	20	21	22	23
NO Family Day 	SCHOOL	WINTER	BREAK	NO SCHOOL
26	27	28	29	
		Red Cross Pink shirt day	Leap Day	



BAND:

- If you are doing a solo/duet/trio, learn your part before you meet with your piano accompanist or partner(s). If you need help, ask.
- Gr. 6-12 Filipino Band: See Facebook (Bayanihan) and group chat for rehearsals.
- Sat. Mar. 9: Gr. 7/8's perform @ Ukrainian Gala evening (please let Mrs. Karapita if your child can attend or not)
- March 12-13, AM: all Bands will perform in the Yorkton Music Festival @ YRHS



ST. MARY'S CRUSADER OF THE WEEK

A crusader is a person who makes a determined effort to achieve something that they believe to be right or to stop something they believe to be wrong.

RYKER K.

Virtue- Listening/cooperative
Action- explain expectations of classroom

ZEDRIC

Virtue- courage
Action- Being a good example to others

SAWYER

Virtue- Listening/cooperative
Action- explain expectations of classroom

FREYA

Virtue-environment care
Action- recycling plastics

CASSADEE

Virtue- service
Action- volunteer to change Oct. calendar to Nov. calendar

TALYN

Virtue- Sharing
Action- he gave his piece of bannock to a student who didn't get one

LILY

Virtue- empathy
Action- encouraging and comforting a peer

YOHAN

Virtue- Helpful
Action- Helped clean-up after Feast

RYAN

Virtue- Helpful
Action- helped unload all the sleds from the truck

DAWSON

Virtue- Listening/cooperative
Action- explain expectations of classroom

JUSTINE

Virtue-hardworking
Action- working well at finishing assignments



Christ the Teacher Catholic Schools Kindergarten

The Adventure is About to Begin

Entering Kindergarten is an exciting time and an important first step in your child's education.

Christ the Teacher Catholic Schools are committed to providing young children with opportunities for discovery and development within a safe, caring, motivating, and faith-filled environment.

Our focus is on student success in school and learning for all.

Our staff is dedicated to nurturing and celebrating the hearts, minds, bodies and souls of our students.

KINDERGARTEN REGISTRATIONS:

Registrations are now being taken for the 2024-2025 school year. The child must be 5 years old by Dec.31, 2024 to be eligible to attend kindergarten this fall.

Saint Mary's School
212 Independent Street
Phone: 306-782-2889

PRE-KINDERGARTEN INFORMATION

Applications are now being taken for the 2024-2025 school year. Families with children ages 3 or 4 are invited to complete application forms for the fall program.

A selection process is in place to determine which students will qualify for this program. Contact Ms. Brittany Ayers (306)782-2889 for more information.

St. Mary's Ukrainian Catholic Church
Father Basil Malowany, Administrator-Pastor
155 Catherine Street
Phone: 306-783-4594 Fax: 306-782-4214
www.stmarysyorkton.com
Saturday Divine Liturgy: 5:00 P.M. (English)
Sunday Divine Liturgy:
9:00 A.M. (English & Ukrainian)



St. Gerard's Roman Catholic Church
Father Sathi Antony
125 - 3rd Avenue North
Phone: 306-782-2449 Fax: 306-782-8566
www.stgerard.ca / email add: office@stgerard.ca
Saturday Mass: 5:00 P.M.
Sunday Mass: 9:00 A.M. & 11:00 A.M.

Telemiracle fundraising campaign!

- Ice cream Treats for \$2.00 in the Kitchen at 12 noon lunch time.
- Buy a helping Hand and your names goes into a draw for a candy jar (1 per classroom) \$2.00 each.
- Coloring Contest Feb.1-9, winners 2 per classroom announcement on Feb.15
- Talent Show, Thurs. Feb.15 at 2pm \$2.00 to enter your talent.

TeleMiracle 48 will be held in Regina this year.
Mark your calendars for February 24th & 25th, 2024 and get ready to watch the telethon for great Sask Talent and "RING THOSE PHONES"!!!





ENTER TO WIN FAMILY PRIZE PACKS!
 YOU'RE INVITED TO JOIN US!
 VARIOUS COMMUNITY AGENCIES ARE GATHERING
 IN OUR GYM TO SPEAK ABOUT SERVICES THEY OFFER

**THE GOAL IS TO IMPROVE MENTAL WELLNESS WITHIN
 OUR SCHOOL FAMILY. GET CONNECTED WITH
 VARIOUS SERVICES THAT MAY BENEFIT YOUR FAMILY**

Upcoming Crusader Basketball Games:



Mon. Feb. 5 at Mc Knoll 4 pm
 Mon. Feb 12 at MC Knoll (St. Mary's vs. St. Als) 4pm
 (St. Mary's vs. Mc Knoll(a) 5pm
 Tues. Feb. 13 at MC Knoll (St. Mary's vs. Mc Knoll)
 4pm
 Weds. Feb. 14 at St. Michaels 4 pm
 Tues. Feb. 27 at St. Mary's 4pm vs. St. Al's

YORKTON FOOD RESOURCES:

Salvation Army Food Bank- 78 Front St. Yorkton in Parkland
 Community Church, Tuesday/Thursday 10-2, tel. no. 306-783-4650

Bruno's Place -139 Dominion Ave. open 24 hours, breakfast Mon-
 Fri 8-9:30 a.m., Lunch Tuesday/ Thursday 12-1 pm tel. no. 306-782-
 7866

Yorkton Community Fridge – 345 Broadway St. West, in the SIGN
 parking lot, open 24/7, take what you need, leave what you can.



Spirit of Faith - Spirit of Excellence - Spirit of Service - Spirit of Fun

A School You Can Believe In

280 Gladstone Avenue North, Yorkton, SK

Phone: (306) 783-3128

www.sacredheart.christtheteacher.ca

**MAKE PLANS TO
 CATCH THE
 SPIRIT!**

**Spend a Day at Sacred Heart
 Wednesday, February 7
 Registration Night
 7:00pm School Tours
 7:30pm Information Session
 in the Theatre**

**All grade 8 students in Yorkton &
 surrounding area are invited to spend
 a day at Sacred Heart High School
 Please call 306-783-3128
 to register.**

Explore the wide variety of choices and
 opportunities available to Sacred Heart students.
 Ask questions. See the classrooms, labs & shop. Visit
 the art & sports facilities. Learn about our Advanced
 Placement & French programs. Get the information
 you need about our unparalleled academic, athletic
 and extracurricular programming.



*"Believe...
 Belong...
 Become"*

**Winter
 CAMP**
 AT
**St. Michael's
 Camp**
 At Madge Lake

**\$300
 Per Camper**

**For Ages
 8-14**

**Save \$50
 Register before
 Jan. 1, 2024**

**February
 19th - 25th**

**Cross
 Country
 Skiing**

Tobogganing

Down Hill skiing


Skating

Snow Shoeing

To register visit our website or email us @
camp@stmichaelscamp.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MIDDLE YEARS PROGRAMS <i>*All programs for children and youth in Kindergarten through age 12</i> For info on program times, locations and more please see the backside of this calendar :)				1 After-School Program Thursday Sign Up PAC – Pumphouse ages 11-14	2 After-School Program Columbia Gym Night Winter Games	3
4	5 After-School Program Learn-To-Cook Brekkie Cones	6 After-School Program Tuesday Sign Up Treats & Treasures Bath Bombs must be preregistered	7 After-School Program Arts & Crafts Program No-Sew Zippered Duct Tape Pouch	8 After-School Program Thursday Sign Up PAC – Pumphouse ages 11-14	9 After-School Program Columbia Gym Night Valentine's Day Games	10
11	12 After-School Program Learn-To-Cook Heart Cookie Towers	13 After-School Program Tuesday Sign Up Treats & Treasures Fudge Making must be preregistered	14 After-School Program Arts & Crafts Program Valentine's Day 3D Heart Project	15 After-School Program Thursday Sign Up PAC – Pumphouse ages 11-14	16 After-School Program Columbia Gym Night Obstacle Course Fun	17
18	19 Happy Family Day!	20 Day Camp (Pre-Registration Required)	21 Day Camp (Pre-Registration Required) LEGO Challenge Night 6:00 pm – 7:00 pm Drop-in @ the Club	22 Day Camp (Pre-Registration Required) Kids Karaoke Night 6:00 pm – 7:00 pm Drop-in @ the Club	23 Day Camp (Pre-Registration Required) Columbia Gym Night Kids Choice Gym Night	24
25	26 After-School Program Learn-To-Cook Air Fryer Dessert Unrustables	27 After-School Program Tuesday Sign Up Treats & Treasures Chocolate Making must be preregistered	28 After-School Program Arts & Crafts Program Tape Resist Watercolour Painting	29 After-School Program Thursday Sign Up PAC – Pumphouse ages 11-14		

All youth taking part in any BGC Yorkton Programs or Services must have all registration & membership forms completed and turned in!
 Please see the backside of the calendar for program details and more info!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TEEN PROGRAMS & SERVICES <i>*All programs for youth ages 12 to 18</i> This calendar showcases our regular program info for teens in the community and includes special highlights of important activities!				1 Teen Centre Program Gym Games @ 5:45pm Lead Up 2.0 Registration required program	2 Teen Centre Program Movie & Snack Night	3
4	5 Teen Centre Program	6 Teen Centre Program Learn-to-Cook! Bannock Pizzal	7 Teen Centre Program Art – DIY Infinity Cube Fidget!	8 Teen Centre Program Gym Games @ 5:45pm Lead Up 2.0 Registration required program	9 Teen Centre Program	10
11	12 Teen Centre Program	13 Teen Centre Program	14 Teen Centre Program Learn-to-Cook! Lasagna Stuffed Shells!	15 Teen Centre Program Financial Literacy 4-5 pm Gym Games @ 5:45pm Lead Up 2.0 Registration required program	16 Teen Centre Program Art – DIY Yarn Art/Easy Tactile Canvas 'Paintings'!	17
18	19	20	21 School Break Drop-In 5:00 pm to 8:00 pm Supper & Hang Out Night!	22 School Break Drop-In 5:00 pm to 8:00 pm Make Your Own Pizza & Minute to Win It!	23 School Break Drop-In 5:00 pm to 8:00 pm Supper & Game Night!	24
25	26 Teen Centre Program	27 Teen Centre Program Art – Wooden Jenga Keychains!	28 Teen Centre Program Learn-to-Cook! Pork Noodle Stir-Fry!	29 Teen Centre Program Gym Games @ 5:45pm Lead Up 2.0 Registration required program		

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Counsellor's Corner



Miss. Frankfurt



WISE WORDS FROM DR. BECKY

Kids experiencing body image and self confidence concerns. Oof. It's so painful to hear words like this from our kids. I've been caught off guard by them, too. So, how can we respond in a way that builds their confidence?

Here's where I'd start:

- **Ground yourself.** Our kids' body insecurities can trigger so many feelings about our own body image. So first things first: Self-regulate. When your child is dysregulated, the number one thing they need is a sturdy parent.
- **Connect.** I know, I know, we all want step two to be reassurance: "You're beautiful, sweetie!" While good-intentioned, this approach actually has the opposite effect: The more we try to convince a child out of a feeling, the more we wire them for self-doubt. The best way to build our child's confidence – when it comes to body image and everything else? Validate how they're feeling in the moment.

WELLNESS REMINDERS

- ✓ Spend time in nature, check out Logan Flats, or your favorite park
- ✓ Set a daily intention
- ✓ Check out the ODR's before they all melt!

NEWS

- ✓ SIGN's Rapid Access Counselling service is being expanded this fall to provide support and counselling specifically for children, youth and their caregivers.

As with Rapid Access Counselling for adults, sessions can be booked through www.counsellingconnectso.kk.ca, or in Yorkton and area those needing assistance may call 308-782-1440 to make an appointment.

QUOTE

"He who has health,
has hope; and
he who has hope,
has everything."
– Arabian Proverb.

