



St. Mary's School

Together we grow in Faith, Hope and Love.

Ph. (306)782-2889 email: saint.marys@cttcs.ca
Website: <http://stmarys.christtheteacher.ca> Please
follow @stmarysyorkton on twitter



*Christ the Teacher Catholic
School Division #212
<https://christtheteacher.ca/ctt/>*

APRIL 2024

MESSAGE FROM THE PRINCIPAL :

Dear Parents and Guardians,

Christ is Risen! Alleluia!

Thank you to the parents and guardians for your continuing support and involvement with the school, the staff and the progress of your children. The second term Student Progress Reports and Student Conferences were a great success. We are so happy to work together for the growth of all the children.

We are also glad that spring is here and with the Easter season we have lots to celebrate. The warmer weather gives us a renewed joy for the spring growth that is showing through. Everyone was so patient and supportive through our STF negotiations, and we are glad to be able to plan ahead for the spring. Let us pray for peace and understanding.

Blessings,

Mrs. Lana Klemetski



Spring is here!



PLEASE let the school know when your child will be Absent. Please call 306-782-2889 or email stmaattendance@cttcs.ca. Our system will contact you via email or phone call if your child is not at school. If you would like to receive absent information via text to your cell phone, use that cellphone to text the word "YES" to the number 978338.

This will not work if your cell phone is not already in our system. Contact the school to have the number registered.



INSIDE THIS ISSUE:

April Calendar, Kindergarten/Pre-K information/Band/ Purdy's Chocolate	
Fundraising Thank you/Band Info.....	2
St. Marys School Snack Ideas/ Yorkton Food Sources.....	3
Crusaders of the Week/church Info.....	4
Community Events/BGC summer Camps/ Tripe P Parenting Programs.....	5-7
Counsellors Corner.....	8

APRIL CALENDAR

BAND:



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
holidays			HAPPY EASTER	
NO SCHOOL EASTER HOLIDAYS				
8	9	10 Wear a Word Wednesday	11	12
15	16	Easter Liturgy at 1:45 pm	PJ Day	19
22 Earth Day! Blue & Green Day	23	24 School Oratory Competition	25	26 Orange  Shirt Day
29	30			

- Tues. Apr. 23-Fri. Apr. 26: Gr. 7/8 Band trip to Edmonton (Gr. 5/6: no band classes)
- Apr. 30: Band Camp early-bird deadline (-\$30) <https://www.saskband.org/event-5590863> (plus - \$100 for Yorkton Band camp, Aug. 18-23)
- Thurs. June 13: final band concert



*Thank your St. Mary's **families and Staff** for the support of the Purdy's Chocolate Fundraising. **Congratulations...***

***Freya from Grade 2/3 and Janisa from Grade 1/2 !!** as the top 2 with the highest orders*



KINDERGARTEN REGISTRATIONS:
Registrations are now being taken for the 2024-2025 school year. The child must be 5 years old by Dec.31, 2024 to be eligible to attend kindergarten this fall.

PRE-KINDERGARTEN INFORMATION

Applications are now being taken for the 2024-2025 school year. Families with children ages 3 or 4 are invited to complete application forms for the fall program. A selection process is in place to determine which students will qualify for this program. Contact Ms. Brittany Ayers (306)782-2889 for more information.

St. Mary's School Snack Ideas

Dear Parents/Guardians:

This is a reminder, we are encouraging all St. Mary's students to have a "healthy snack " at , or just prior to the 10:30 a.m. recess. This is an optional program at our school. Kindergarten also has a 2:15 p.m. snack time.

Teachers will provide students with a couple of minutes to take out a snack from their lunch bags and to quietly consume their snack in their classroom before dressing and proceeding outside to enjoy fresh air and exercise at recess.

To help families plan for these snack times, we suggest of the following ideas:

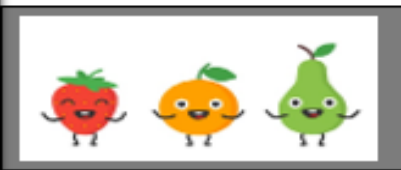
1. Consult the "Canada's Food Guide to Healthy Eating", as a resource for snack food ideas.
2. Consider the following ideas:

- raw vegetables, sliced and pieces, with dip
- fruit slices, grapes, banana
- cheese and crackers
- yogurt or cottage cheese
- bread, muffin, bagel or crackers
- granola bars
- ½ sandwich
- cheese sticks
- juice box (100% juice, unsweetened)



3. Please **DO NOT SEND** the following:

- chips
- candy
- fruit roll-ups
- chocolate bars
- snacks high in sugar like cookies / donuts
- pop, energy drinks



Thank you for considering sending a healthy snack to school with your children. We are confident that this program supports effective learning for all. We emphasize that this is a "snack" and not a **treat**. Please only send foods which may be eaten quickly and neatly. Snacks foods are for your children only and are not to be shared with classmates.

Thank you,

Mrs. Klemetski and the St. Mary's School Staff

YORKTON FOOD RESOURCES:

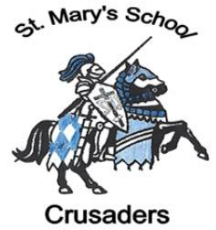
Salvation Army Food Bank- 78 Front St. Yorkton in Parkland Community Church, Tuesday/Thursday 10-2, tel. no. 306-783-4650
Bruno's Place -139 Dominion Ave. open 24 hours, breakfast Mon-Fri 8-9:30 a.m., Lunch Tuesday/ Thursday 12-1 pm tel. no. 306-782-7866

Yorkton Community Fridge – 345 Broadway St. West, in the SIGN parking lot, open 24/7, take what you need, leave what you can.

Yorkton Dream Centre- 244 Myrtle Ave., Soup and a bun FREE every Wednesday at 5pm

ST. MARY'S CRUSADER OF THE WEEK

A crusader is a person who makes a determined effort to achieve something that they believe to be right or to stop something they believe to be wrong.



RYKER K.

Virtue- Listening/cooperative

Action- explain expectations of classroom

SAWYER

Virtue- Listening/cooperative

Action- explain expectations of classroom

YOHAN

Virtue- Helpful

Action- Helped clean-up after Feast

CASSADEE

Virtue- service

Action- volunteer to change Oct. calendar to Nov. calendar

ZEDRIC

Virtue- courage

Action- Being a good example to others

FREYA

Virtue-environment care

Action- recycling plastics

TALYN

Virtue- Sharing

Action- he gave his piece of bannock to a student who didn't get one

CHANCE

Virtue- Good sport

Action- Playing with students at recess

LILY

Virtue- empathy

Action- encouraging and comforting a peer

RYAN

Virtue- Helpful

Action- helped unload all the sleds from the truck

JAYDEN

Virtue-environment care

Action- recycling plastics

JUSTINE

Virtue-hardworking

Action- working well at finishing assignments

PRINCESS

Virtue- hardworking

Action- helps others with works at math

DAWSON

Virtue- Listening/cooperative

Action- explain expectations of classroom

CHRISLYNN

Virtue- hard work

Action- improving by many levels in reading



St. Gerard's Roman Catholic Church

Father Sathi Antony

125 – 3rd Avenue North

Phone: 306-782-2449 Fax: 306-782-8566

www.stgerard.ca/ email add: office@stgerard.ca

Saturday Mass: 5:00 P.M.

Sunday Mass: 9:00 A.M. & 11:00 A.M.

St. Mary's Ukrainian Catholic Church

Father Basil Malowany, Administrator-Pastor

155 Catherine Street

Phone: 306-783-4594 Fax: 306-782-4214

www.stmarysyorkton.com

Saturday Divine Liturgy: 5:00 P.M. (English)

Sunday Divine Liturgy:

9:00 A.M. (English & Ukrainian)

WHAT IS S-CAPE?

S-CAPE is Yorkton's summer day camp for children ages 6 to 12.

- **Where is S-CAPE?**
S-CAPE is located at the Gloria Hayden Community Centre at 279 Morrison Drive in Yorkton.
- **What time is drop off?**
Drop off opens at 7:30 a.m. Programming begins at 9:00 a.m.
- **What time is pick up?**
Pick up no later than 5:15 p.m.
- **Where do i register?**
Register online at cityofyorkton.perfectmind.com
Registration opens at 8 am on March 27th
- **Do I have to register for the entire summer?**
No, registration is by week. S-CAPE is available from Monday to Friday for 8 weeks from July 2nd to August 23rd.
- **How much is S-CAPE?**
Registration is only \$115 per week.

Do you have a question that we haven't answered here?
Email us at summer@yorkton.ca
or visit shapeyourcity.yorkton.ca/s-cape
Summer. Culture. Arts. Physical activity. Experiences.

City of Yorkton

THERE'S STILL TIME TO REGISTER!

DEER PARK GOLF COURSE

Junior golf



Junior Golf Lesson Registration Day
April 24th from 5:00 pm to 7:00 pm
at Deer Park Golf Course
(Lesson dates to be determined.)

Deer Park Golf Course offers junior golf lessons led by Certified CPGA professionals.

Lessons include two hours of instruction plus five - nine hole rounds of golf

For more information, email
info@golfdeerpark.com

  [deerparkgolfcourse](https://www.facebook.com/deerparkgolfcourse)



Yorkton public library
YPL
growing along with you

HELLO SPRING

JOIN US FOR STORIES, SONGS &
A SIMPLE CRAFT/PLAYTIME!

SPRING STORYTIME @ YPL
WEDNESDAYS 10:30 A.M.
APRIL 3 - MAY 22

* bgc Summer 2024

Yorkton

Art Camp July 22- July 26

\$100 for the week

There is a \$20 non-refundable Registration Fee due at the time of registration. This fee will be applied to your total fee owing.

Runs: Monday through Friday from 1:00 pm-5:00 pm (with 12:45 pm drop off & 5:15 pm pick up)



Location: 54 Smith Street West & the community

Includes: A daily snack and all supplies!

For youth ages 10 to 14!

Art Camp is held at the Club facility (54 Smith Street West). Youth will explore their creativity with art, including instructed projects, macamae, painting, sketching, fuse bead creations, clay, and more!

PROGRAM REGISTRATION OPENS:

Saturday March 16th, 2024 at 9:00 am at The Outlet BGCY - 54 C Smith St W. The registration fee of \$20 is due at this time and can be paid by cash, cheque or e-transfer. Cash is preferred for time efficiency. Registration will close once the spaces are full. Payment is due in full for art camp by Friday June 7th, 2024. Payments can be made in instalments. Payments can be made with cash, cheque or e-transfer. Please send e-transfers to Lorraine@bgcyorkton.ca with password set to Yorkton. A NSF fee of \$30.00 will be charged on any dishonoured cheques. There will be absolutely no refunds issued after June 7th should you choose to withdraw from our camp.

* bgc Summer 2024

Yorkton

Recreation Adventures Camp

August 19 - 23

\$100 for the week

There is a \$20 non-refundable Registration Fee due at the time of registration. This fee will be applied to your total fee owing.

For youth ages 10 to 14!

Runs: Monday through Friday from 1:00 pm-5:00 pm (with 12:45 pm drop off & 5:15 pm pick up)

Location: 54 Smith Street West & the community

Includes: sunscreen, bug spray, and a daily snack!

Recreation Adventures Camp meets daily at the Club facility (54 Smith St W) and then heads out on to take part in recreation opportunities including trip to York Lake, golfing, foot golf, disc golf, swimming, the skate park and more!

PROGRAM REGISTRATION OPENS:

Saturday March 16th, 2024 at 9:00 am at The Outlet BGCY - 54 C Smith St W. The registration fee of \$20 is due at this time and can be paid by cash, cheque or e-transfer. Cash is preferred for time efficiency. Registration will close once the spaces are full. Payment is due in full for the recreation adventures camp by Friday June 7th, 2024. Payments can be made in instalments. Payments can be made with cash, cheque or e-transfer. Please send e-transfers to Lorraine@bgcyorkton.ca with password set to Yorkton. A NSF fee of \$30.00 will be charged on any dishonoured cheques. There will be absolutely no refunds issued after June 7th should you choose to withdraw from our camp.

* bgc Summer 2024

Yorkton

Chef Camp July 15 - July 19

\$100 for the week

There is a \$20 non-refundable Registration Fee due at the time of registration. This fee will be applied to your total fee owing.

Runs: Monday through Friday from 1:00 pm-5:00 pm (with 12:45 pm drop off & 5:15 pm pick up)

Location: 54 Smith Street West & the community

For youth ages 10 to 14!

Chef Camp is held at the Club facility (54 Smith Street West). Youth will be learning budgeting, choosing 8 recipes for the week to learn, and taking on the grocery shopping on day one. For the remainder of the week they will learn all aspects of 8 different recipes and bringing home what they make!

PROGRAM REGISTRATION OPENS:

Saturday March 16th, 2024 at 9:00 am at The Outlet BGCY - 54 C Smith St W. The registration fee of \$20 is due at this time and can be paid by cash, cheque or e-transfer. Cash is preferred for time efficiency. Registration will close once the spaces are full. Payment is due in full for the chef camp by Friday June 7th, 2024. Payments can be made in instalments. Payments can be made with cash, cheque or e-transfer. Please send e-transfers to Lorraine@bgcyorkton.ca with password set to Yorkton. A NSF fee of \$30.00 will be charged on any dishonoured cheques. There will be absolutely no refunds issued after June 7th should you choose to withdraw from our camp.

* bgc Summer 2024

Yorkton

Science & STEM Camp

\$100 for the week

There is a \$20 non-refundable Registration Fee due at the time of registration. This fee will be applied to your total fee owing.

August 12-16

Runs: Monday through Friday from 1:00 pm-5:00 pm (with 12:45 pm drop off & 5:15 pm pick up)

Location: 54 Smith Street West & the community

Includes: A daily snack and all supplies!

For youth ages 10 to 14!

Science & STEM Camp is held at the Club facility (54 Smith Street West). Youth will be taking part in a week of fun learning, science experiments and STEM activities!

PROGRAM REGISTRATION OPENS:

Saturday March 16th, 2024 at 9:00 am at The Outlet BGCY - 54 C Smith St W. The registration fee of \$20 is due at this time and can be paid by cash, cheque or e-transfer. Cash is preferred for time efficiency. Registration will close once the spaces are full. Payment is due in full for the science & stem camp by Friday June 7th, 2024. Payments can be made in instalment. Payments can be made with cash, cheque or e-transfer. Please send e-transfers to Lorraine@bgcyorkton.ca with password set to Yorkton. A NSF fee of \$30.00 will be charged on any dishonoured cheques. There will be absolutely no refunds issued after June 7th should you choose to withdraw from our camp.

* bgc Summer 2024

Yorkton

Field Trip Fun Camp

July 29 - August 2

\$100 for the week

There is a \$20 non-refundable Registration Fee due at the time of registration. This fee will be applied to your total fee owing.

For youth ages 10 to 14!

Runs: Monday through Friday from 1:00 pm-5:00 pm (with 12:45 pm drop off & 5:15 pm pick up)

Location: 54 Smith Street West & the community

Includes: sunscreen, bug spray, and a daily snack!

Field Trip Fun Camp meets daily at the Club facility (54 Smith Street West) and then heads out on to take part in a variety of field trips including lake trips, swimming, bowling, canoe & kayak club, and more!

PROGRAM REGISTRATION OPENS:

Saturday March 16th, 2024 at 9:00 am at The Outlet BGCY - 54 C Smith St W. The registration fee of \$20 is due at this time and can be paid by cash, cheque or e-transfer. Cash is preferred for time efficiency. Registration will close once the spaces are full. Payment is due in full for the field trip fun camp by Friday June 7th, 2024. Payments can be made in instalments. Payments can be made with cash, cheque or e-transfer. Please send e-transfers to Lorraine@bgcyorkton.ca with password set to Yorkton. A NSF fee of \$30.00 will be charged on any dishonoured cheques. There will be absolutely no refunds issued after June 7th should you choose to withdraw from our camp.

BGC
Summer
Camps



Triple P Group

For parents and caregivers of children ages 1 to 10

Parents will receive support to help manage their children's behaviour and prevent the kinds of problems that make family life stressful.

We start by developing a good relationship for parents to have with their child, then share ideas how we can encourage the behaviour we like, teach new skills and behaviours, and finally how to manage a child's misbehaviour.

Childcare is available for children under the age of 10.

Registration is limited. Register before April 15

To register:
Call 306-783-3080
Text 306-621-3084
Messenger @yorktontriplep
Email triplep@signyorkton.ca

**Thursdays
6 to 8 PM**

**April 18, 25
May 2, 9, 30**

In person at the
Triple P Learning Centre
SIGN on Broadway,
345 Broadway St. West, Yorkton

Participants must commit to seven weeks of sessions, five in person on the dates above and two by phone.

THIS IS A FREE PROGRAM

Triple P Parenting Programs



Discussion Groups

For parents and caregivers of children ages 2 to 10

All sessions are in person from 6 to 8 pm at the Triple P Learning Centre, SIGN on Broadway, 345 Broadway Street West, Yorkton

Tuesday, April 16
Hassle-free Mealtimes with Children

While mealtimes can be one of the most difficult times for parents, with a little planning they can become enjoyable for the whole family.

This session will provide you with some suggestions to help you to encourage the type of mealtimes behaviour you want to see, to reduce mealtime behaviour problems and fussiness, and to make mealtimes easier on you as a parents.

Tuesday, May 7
Dealing with Disobedience

We all know what it's like to face that moment when our children just don't do as they are told.

This discussion group will give you some positive parenting suggestions to help you teach your child to accept limits, do as they are told, and to understand the meaning of the word No.

Tuesday, June 11
Managing Fighting and Aggression

It is natural for children to have disagreements or arguments at times.

However when children fight, the risk is that someone will be hurt. If not dealt with early, fighting and aggression can get worse. Children may not learn better ways of behaving without help from their parents.

Join in this session and receive some suggestions on how to help you teach your children to solve problems and get along with others.

This is a free program

Childcare is available for children age 10 and under. Register deadline is the day before each session.

Call 306-783-3080
Text 306-621-3084
Messenger @yorktontriplep
Email triplep@signyorkton.ca



Teen Discussion Groups

For parents and caregivers of children ages 10 to 16

All sessions are in person from 6 to 8 pm at the Triple P Learning Centre, SIGN on Broadway, 345 Broadway Street West, Yorkton

Tuesday, April 23
Reducing Family Conflict

Many parents experience increased conflict with their teenagers during the transition from childhood to adulthood. Parents may find this change upsetting and it can lead to a conflict between parent and teenagers and among other family members.

This discussion group will give you some positive parenting suggestions to help teach your teenagers how to get along with others in the family without constant fights and arguments.

Tuesday, May 28
Getting Teenagers to Cooperate

Many parents experience their teenagers becoming less cooperative during the transition from child to adult.

Parents may find this change upsetting and it can lead to conflict between parents and teenagers.

This session will provide you with suggestions to help you teach your teenager how to be polite and cooperative.

Tuesday, June 4
Coping with Teenagers' Emotions

As our teenagers transition into becoming an adult, we may see them becoming highly emotional. Parents may find this upsetting and it can make disagreements between parents and teenagers very stressful and frustrating for everyone.

In this session we provide parents with suggestions to help teach their teenager how to better manage their emotions.

This is a free program

Childcare is available for children age 10 and under. Register deadline is the day before each session.

Call 306-783-3080
Text 306-621-3084
Messenger @yorktontriplep
Email triplep@signyorkton.ca



DREAM BROKER NEWS

DREAM BROKERS ARE DEDICATED TO SUSTAINING THE INVOLVEMENT AND PARTICIPATION OF INNER CITY CHILDREN AND YOUTH IN EXISTING SPORTS, CULTURE AND RECREATION ACTIVITIES AND PROGRAMS.

AS YOUR DISTRICT DREAM BROKER, I'M HERE TO SUPPORT YOU AND HELP YOUR FAMILY GET CONNECTED WITH SPORTS, CULTURE, AND RECREATION WITHIN THE COMMUNITY. I CAN PROVIDE SUPPORT WITH FUNDING, TRANSPORTATION, THE REGISTRATION PROCESS, AND ANSWER YOUR QUESTIONS ABOUT ACTIVITIES AND EVENTS. ASK FOR A REFERRAL FORM FROM YOUR SCHOOL TO SIGN UP FOR A PROGRAM!



ART & CULTURE

Dance Innovations - info@danceinnovations.com
Extravadance - extravadancestudio@hotmail.com
Free My Muse - freemymuse@hotmail.com
Saddles & Steel - saddlesandsteel@sasktel.net
Blue Drip Art Supplies - 306.782.0320
R Fine Art Studio - rfineartsstudio@gmail.com

RECREATION

Parks & Playgrounds - throughout the city
BGC Yorkton - 306.783.2582
Western Development Museum - 306.783.8361
Army Cadets - 306.262.5227
Big Brothers Big Sisters - 306.782.3471
Yorkton Public Library - 306.783.3523
4H - 306.782.4721
Girl Guides - 306.757.4102

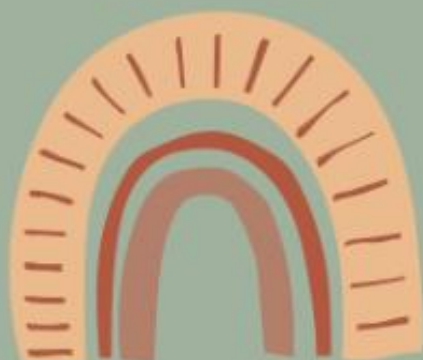
DIFFERENT FUNDING AVAILABLE

1. KIDSPORT
2. JUMPSTART
3. CREATIVE KIDS

SPORTS & ATHLETICS

YCKC - yorktoncanoekayakclub@yahoo.ca
Yorkton Crush Softball - yorktoncrushsoftball@hotmail.com
Yorkton Minor Baseball - yorktonminorbaseball@hotmail.com
Blue Jays Basketball - jason@goldenticketsports.com
Kee's Taekwondo - taekwondo.yktn@gmail.com
Yorkton Martial Arts - ymatc@hotmail.com
Springers Gymnastics - mail@yorktonspringers.com
Yorkton United FC - techdirector@yorktonunitedfc.ca
Access Water Park - 306.786.1740
Yorkton Sports Bank - 306.828.2401

Contact Janine at
jgraves@yorkton.ca or 306.828.2401



Counsellor's Corner



Miss. Frankfurt



WISE WORDS FROM DR. BECKY

Do mornings in your house ever sound like this... "Get out of bed!" "How many times do I have to tell you?!" "Put your shoes on or else!"

When your six-year-old can't decide what they want for breakfast or your sixteen-year-old sleeps through their third alarm, it's all too easy to see your kid as the problem ("Why are you so picky?" or "Can't you just wake up?!").

We want to separate the problem from our child, so we can solve it together. You might say, "Hey... mornings have been tough, huh? I know it doesn't feel good for either of us to yell. So, let's figure this out together... Do you have any ideas about what would make [breakfast/waking up/getting dressed/etc.] easier?"

Now, you're on the same team. You're moving from conflict to connection. And I promise you, connection always leads to better cooperation.

WELLNESS REMINDERS

- ✓ Practice Mindfulness: Encourage students and families to practice mindfulness techniques such as deep breathing, meditation, or stretching to reduce stress and increase resilience.
- ✓ Stay Hydrated- Proper hydration is essential for overall health and cognitive function.

NEWS

- ✓ SIGN's Rapid Access Counselling service is being expanded this fall to provide support and counselling specifically for children, youth and their caregivers.

As with Rapid Access Counselling for adults, sessions can be booked through www.counsellingconnectsask.ca, or in Yorkton and area those needing assistance may call 306-782-1440 to make an appointment.

QUOTE

"Try to be a rainbow in someone's cloud."

— Maya Angelou

