



**ST. MICHAEL'S SCHOOL**  
**ÉCOLE ST. MICHAEL'S**  
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November 5<sup>th</sup>, 2014

Dear St. Michael's Parents/Guardians,

Just to inform you we have had recent cases of head lice in our school. If your child's classroom has been affected, a letter would have been sent home. There is no need for alarm, but we do ask you to read below for some tips to prevent and how to treat your home in case you do have head lice in the home. If your family has head lice, please contact the office just so we are aware of it. I have also attached the Public Health Treatment sheet with this email for more documentation.

**Treating your home for head lice**

Whether you treat at home or see a dermatologist, you must also treat your home. To avoid another infestation, you should clean the following items:

**Brushes and combs**

- Soak combs and brushes that a person with head lice used. Soak these in hot water, 130 degrees Fahrenheit or hotter, for 10 minutes.

**Sheets, pillowcases, clothes, blankets, and towels**

- Place all items that touched the person's head during the past 2 days in a washing machine and wash in hot water.
- Dry all machine-washed items in a hot dryer, using the hottest setting. Dry for at least 10 minutes.

**Stuffed animals and pillows**

- Place items that cannot be machine washed in a hot dryer and run the dryer on the hottest setting for 20 to 30 minutes.

**Other personal items**

Hair accessories, helmets, headphones, and other personal items can become infested with head lice. If a person with head lice has touched any of these items during the past 2 days, you can kill the lice on these objects by:

- Sealing the objects in plastic bags.
- Placing the plastic bags in the freezer overnight or keeping the bags sealed for 2 weeks.

Two weeks is the amount of time needed for adult lice and newly hatched lice to die when hot water, dryer heat, and freezing are impractical.

**Furniture, carpets, and floors**

- Vacuum these thoroughly to pick up any hairs the person with head lice has shed. Everyone normally loses about 50 to 100 hairs a day.

Sincerely,

Mr. M.J. Malayney