



Career Education Grade 8 Change and Growth (CG)				
Outcome	1 – Little Evidence With help, I understand parts of the simpler ideas and do a few of the simpler skills.	2 – Partial Evidence I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	3 – Sufficient Evidence I understand the more complex ideas and can master the complex skills that are taught in class. I achieve the outcome.	4- Extensive Evidence I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
CG8.1 Analyze one’s own self-image including personal skills, interests, and behaviours and their influences on one’s life and work.	<ul style="list-style-type: none"> • With help, I can make an inventory of my personal skills, interests, OR behaviors. 	<ul style="list-style-type: none"> • I can make an inventory of my personal skills, interests, OR behaviors. 	<ul style="list-style-type: none"> • I can make a detailed inventory of my personal skills, interests, AND behaviors. 	<ul style="list-style-type: none"> • I can propose the advantages and challenges of my personal skills, interests, AND behaviors.
	<ul style="list-style-type: none"> • With help, I can predict how my personal attitudes, interests, OR behaviours may influence my life OR work. 	<ul style="list-style-type: none"> • I can give examples of the influence of my personal attitudes, interest, OR behaviours on my life and work. 	<ul style="list-style-type: none"> • I can explain, with examples, how my personal attitudes, interests, AND behaviours influence my life and work. 	<ul style="list-style-type: none"> • I can propose a change in my personal attitudes, interests, OR behaviours that could positively influence my life and work.
Comments				



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CG8.2 Analyze abilities for responding positively to change in one’s life.	<ul style="list-style-type: none"> I can list positive abilities for dealing with change in life (e.g. communication skills: active listening, giving feedback, etiquette, tact; helping skills: facilitating, problem solving, tutoring, guiding; personal management skills: time management, problem solving, stress management, life/work balance). 	<ul style="list-style-type: none"> I can give examples of the benefit of positive abilities for dealing with change in life (e.g. communication skills: active listening, giving feedback, etiquette, tact; helping skills: facilitating, problem solving, tutoring, guiding; personal management skills: time management, problem solving, stress management, life/work balance). 	<ul style="list-style-type: none"> I can identify and describe in myself a variety of positive abilities I already possess for dealing with change in life (e.g. communication skills: active listening, giving feedback, etiquette, tact; helping skills: facilitating, problem solving, tutoring, guiding; personal management skills: time management, problem solving, stress management, life/work balance). 	<ul style="list-style-type: none"> I can identify and describe a few positive abilities I could develop or improve for dealing with change in life (e.g. communication skills: active listening, giving feedback, etiquette, tact; helping skills: facilitating, problem solving, tutoring, guiding; personal management skills: time management, problem solving, stress management, life/work balance), AND propose the potential impact on my life.
Comments				