



<b>Health Grade 3</b> <b>(Investigating Health Knowledge and Information)</b> <b>Decision-Making (DM)</b>				
<b>OUTCOMES</b>	<b>1 – Little Evidence</b> With help, I understand parts of the simpler ideas and do a few of the simpler skills.	<b>2 – Partial Evidence</b> I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	<b>3 – Sufficient Evidence</b> I understand the more complex ideas and can master the complex skills that are taught in class. <b>I achieve the outcome.</b>	<b>4- Extensive Evidence</b> I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
<b>DM 3.1</b> <b>I can demonstrate the importance of investigating information for making informed decisions related to healthy foods and physical activity, one’s inner self, helpful and harmful substances, healthy family and home, safety at home, and impact of violence.</b>	<ul style="list-style-type: none"> <li>• I can <b>recognize</b> situations in which someone did not investigate the information/facts before making a decision <b>OR</b> someone who did.</li> <li>• I can <b>identify</b> opportunities I can be healthier related to a <b>FEW</b> of:               <ul style="list-style-type: none"> <li>- Healthy foods and physical activity</li> <li>- One’s inner self</li> <li>- Helpful and harmful substances</li> <li>- Healthy family and home</li> <li>- Impact of Violence</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• I can <b>describe</b> situations in which someone did not investigate the information/facts before making a decision <b>OR</b> someone who did.</li> <li>• I can <b>identify</b> opportunities I can be healthier related to <b>SOME</b> of:               <ul style="list-style-type: none"> <li>- Healthy foods and physical activity</li> <li>- One’s inner self</li> <li>- Helpful and harmful substances</li> <li>- Healthy family and home</li> <li>- Impact of Violence</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• I can <b>describe</b> decisions made by someone who did not investigate the information/facts before making a decision, <b>AND</b> someone who did.</li> <li>• I can <b>identify</b> opportunities I can be healthier related to <b>ALMOST ALL</b> of:               <ul style="list-style-type: none"> <li>- Healthy foods and physical activity</li> <li>- One’s inner self</li> <li>- Helpful and harmful substances</li> <li>- Healthy family and home</li> <li>- Impact of Violence</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• I can <b>propose</b> the kinds of information to gather and investigate for making healthy decisions.</li> <li>• I can <b>propose</b> what types of supports I may need when making healthy choices related to:               <ul style="list-style-type: none"> <li>- Healthy foods and physical activity</li> <li>- One’s inner self</li> <li>- Helpful and harmful substances</li> <li>- Healthy family and home</li> <li>- Impact of Violence</li> </ul> </li> </ul>
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