

Christ the Teacher Catholic Schools

Outcome	1 – Little Evidence With help, I understand parts of the simpler ideas and do a few of the simpler skills.	Preparation (FP)  2 - Partial Evidence I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	3 – Sufficient Evidence I understand the more complex ideas and can master the complex skills that are taught in class. I achieve the outcome.	4- Extensive Evidence I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
HECFP8.1 Apply food preparation techniques independently in the preparation of nutritious foods.	With help, I can apply food preparation techniques.	I can apply food preparation techniques with occasional reminders.	<ul> <li>I can independently apply food preparation techniques all of the time.</li> </ul>	<ul> <li>I can independently apply food preparation all of the time and can guide others.</li> </ul>
HECFP8.2 Understand and use introductory food preparation	I can use introductory food preparation vocabulary some of the	I can use introductory food preparation vocabulary most of the	<ul> <li>I can independently use introductory food preparation vocabulary</li> </ul>	I can independently use introductory food preparation vocabulary