

# *Christ the Teacher Catholic Schools*

## **PARENTS'/GUARDIANS' RESPONSIBILITIES CHECKLIST**

- Inform the school of their child's diabetes.
- Meet with the school administration and appropriate school staff, e.g. classroom teacher, prior to the child's first day of school and provide information related to their child's diabetic condition including:
  - Special needs or concerns regarding the health and care of their child
  - Typical signs and treatment of low blood glucose
  - Times for meals and snack times
  - When the school is to contact parents, e.g. after incidents of moderate or severe low blood glucose, etc.
  - Review school guidelines concerning causes, prevention, identification and treatment of hypoglycemia and include highlighted special signs or characteristics for their child
- Complete the following forms and submit them to the school principal before your child's first day of school:
  - Request and Consent -Diabetes Interventions form
  - 3 copies of the Type 1 Diabetes-Hypoglycemia Emergency Treatment form
- Inform school administration regarding changes in their child's health, lifestyle, diabetes procedures, management and emergency contact numbers on an on-going basis
- Provide and maintain a supply of fast-acting sugar, e.g. oral glucose, orange juice, etc. at the school
- Provide a safe container for blood glucose monitoring items and insulin injection items and medication labeled with your child's name for transport and storage requirements
- Teach your child:
  - the importance of wearing a diabetes identification, Medic Alert, at all times
  - age appropriate understanding of the causes, identification, prevention and treatment of low blood glucose
  - to recognize the first symptoms of low blood glucose
  - to communicate clearly to adults/those in authority that he or she has diabetes and when feeling a reaction starting or a general feeling of not feeling well
  - to be responsible for all treatment apparatus, including proper disposal .to eat only foods approved by parents
  - to take as much responsibility as possible for his or her own safety.